



*Healthy families* start here.

It's more fun together.

**Add your family free for a month!**  
**October 1 - November 15**

For new and existing YMCA members

Bring this coupon to the YMCA and

# Add Your Family for Free



Offer expires November 15, 2017. This introductory offer is available upon registration for a continuous membership. This voucher has no cash value, is non-refundable, and cannot be replaced if lost or stolen. This offer cannot be combined with other promotional offers and is not valid for any other services at the YMCA. Terms and conditions apply. Please contact us for details.



## Become a YMCA member and see the benefits!



- No locked in contracts
- Unlimited drop in group fitness classes, such as body blast, boot camp, cycle fit and more
- Unlimited drop in pool activities such as aqua fit and parent & tot swim lessons
- Free swim lessons for all ages
- Member pricing on birthday parties, certification and courses, such as First Aid and Bronze Medallion/Cross
- Free child minding services included in Family Memberships
- Free membership on hold options
- Hot tub at the Ches Penney Family YMCA
- Water slide & steam room at the Marystown YMCA
- Large, fully equipped cardio and conditioning centre (with adaptive equipment) with magnificent view
- Access to other YMCAs when travelling
- Free Wi-Fi

### Visit our YMCA locations today!

Ches Penney Family YMCA  
35 Ridge Road  
St. John's, NL

Marystown YMCA  
255-263 McGettigan Blvd.  
Marystown, NL

[ymcanl.com](http://ymcanl.com)

Did you know?

The YMCA is a charity committed to being accessible to all members of the community, made possible by our generous donors.