



## Swim Lesson Conversion Chart

Note: Conversions are an approximation only. Assessment of skills and abilities is completed during the first lesson to determine placement.

RED CROSS	YMCA	LIFESAVING SOCIETY	AQUARENA
<b>Parent and Tot Lessons (under 3 yrs)</b>			
Starfish	Splashers	Parent and Tot 1	Parent & Tot
Duck / Sea Turtle	Bubblers	Parent and Tot 2 & 3	Parent & Tot
<b>L'il Dippers (3-5 yrs)</b>			
Sea Otter	Bobbers	Preschool A	Parent & Tot
Salamander	Floaters/Gliders	Preschool A/B	Frogs/Penguins
Sunfish	Divers	Preschool B	Penguins
Crocodile	Surfers	Preschool C	Penguins/Dolphins
Whale	Dipper	Preschool D	Dolphins
<b>Learn to Swim (6+ yrs)</b>			
Level 1	Otter	Swimmer 1	White
Level 2	Seal	Swimmer 2	Purple
Level 2/3	Dolphin	Swimmer 3	Red
Level 4/5	Swimmer	Swimmer 4	Green
Level 6	Swimmer/Star 1	Swimmer 5	Green/Aqua
<b>Star (6+ yrs)</b>			
Level 7	Star 1	Swimmer 6	Green/Aqua
Level 8	Star 2/3	CSP - Rookie	Aqua/Blue
Level 9	Star 3/4	CSP - Ranger	Blue/Bronze/Silver
<b>Star Leadership Levels (6+ yrs)</b>			
Level 10	Star 5/6	CSP - Star	Bronze/Silver/Gold
Level 10	Star 7	Bronze Star	Silver/Gold

### Ratios

#### Parent and Tot (under 3yrs)

- Splashers / Bubblers 1:10 - 1:15  
*(instructor to parent/child couple), 1:1 (parent to child)*

#### L'il Dippers (3 to 6yrs)

*Parent accompaniment permitted as necessary*

- Bobbers / Floaters / Gliders 1:4 - 1:6
- Divers / Surfer / Dipper 1:6 - 1:8

#### Learn to Swim (6+yrs)

- Otter / Seal 1:6 - 1:8
- Dolphin / Swimmer 1:8 - 1:10

#### Star (6+yrs)

- Star One / Star Two 1:8 - 1:10
- Star Three / Star Four 1:10 - 1:12
- Star Five / Star Six / Star Seven 1:10 - 1:15