



General Info

The Captain Robert A. Bartlett Aquatics Centre consists of a play pool, main pool and whirlpool:

Play Pool

- Depth: 0.625m-0.9m
- Temperature: 92 °F
- Sloped entry
- Spray feature
- 40 person capacity

Main Pool

- Dimensions: 8m x 20m (4 lane)
- Depth: 0.9-2.5m
- Temperature: 82 °F
- Sloped entry
- 100 person capacity

Whirlpool

- Temperature: 102 °F
- 16 person capacity
- Note: Children under age 8 are not permitted. Children ages 8-11 require direct supervision by a responsible adult 16+

Pool Supervision Guidelines

- Children under age 12 must be directly supervised at all times. Children under age 8 must be within arm's reach of a responsible person age 16+ in the water (includes Play Pool) at a ratio of 1:1, or 1:3 if the children are wearing lifejackets. Whirlpool use is not permitted.

Help Keep Your Pool Area Safe and Sanitary

Please remove all outdoor footwear prior to entering the Aquatics Centre. Food is not permitted. Please be respectful of others when using electronic devices at the YMCA.

- Children ages 8-11 who can successfully complete the swim test ([swimmers*](#)) must be supervised by a responsible person age 16+ in the water or on deck at a ratio of 1:8. Children ages 8-11 require direct supervision when in the Whirlpool.
- Children ages 8-11 who cannot successfully complete the swim test ([non-swimmers*](#)) must be within arm's reach of a responsible person age 16+ in the water at a ratio of 1:3, or 1:8 if the children are wearing lifejackets.

** A swimmer is defined as someone who is able to jump feet first into deep water, surface and swim 20m without assistance or stopping.*

Am I able to supervisor my children ages 8-11 (who have passed the swim test) through the window in either the in the gymnasium or conditioning center?

No. Children who can successfully complete the swim test must be supervised by a responsible person age 16+, either in the water, from the pool deck or through the glass window in the lobby.

My children have memberships, do I have to pay to accompany them into the Aquatics Center?

If your children fall into the category that requires in water supervision ([see supervision guidelines above](#)) you are required to pay a day pass. It may be more cost effective for you to join under a family membership to take advantage of all our program(s) and services.

FAQ

CPFY Swim Lessons

The YMCA developed the first nationally-recognized aquatic program in 1931, and has continued to train aquatic leaders ever since.

Can I be registered for a lesson and also be on the wait list for another time slot?

No. Due to the high demand for swim lessons a child may either register for a slot OR be placed on a waitlist.

When is the next registration date for swim lessons?

Lessons are on-going and you may register at any time.

What happens if I am not able to make a scheduled lesson?

If you are not able to attend two consecutive lessons please let us know by emailing aquatics@ymcanl.com. Missing two consecutive lessons without prior notice may result in your space being made available to another member.

What happens on snow days?

Lessons will not go ahead when all schools in the Metro area are closed due to inclement weather. There may be interruptions to programs due to maintenance, cleaning or training. Please visit the Changes & Updates page at <http://ymcanl.com/cancellations.php>.

When are lesson breaks?

Scheduled lesson breaks are listed on the Program Guide. Lessons do not go ahead on statutory holidays.

Do I have to re-register after a scheduled break?

Children's memberships must remain active (no holds, cancellations) in order for them to roll over into the time slot they held before a scheduled break. Re-registration will be required for memberships coming off hold and when children progress from Star 2 to Star 3.

What happens with lessons over the summer?

We offer alternative lesson blocks for the summer. See the program guide for registration dates. Children's memberships must remain active (no holds, cancellations) in order for them to roll over into the time slot they held before the summer. Re-registration will be required for memberships coming off hold and when children progress from Star 2 to Star 3.

How do I know what level to place my child in?

The YMCA of Canada uses its own system of levels for swim lessons. Please see the [conversion chart](#) available on our website for corresponding levels. This chart is an approximation only and is used as a tool to assist the aquatic staff to determine children's readiness for participation in a particular level. When starting lessons for the first time, we do a quick assessment of children's swimming ability and place them accordingly.

Do you accommodate children with special needs?

Yes. All individuals are encouraged to participate in our swim program. In some cases we may require a parent/worker 16 years of age or older to accompany the child in the water.

Who can register for swim lessons?

Swim lessons are included in the continuous membership.

Can I pay for swim lessons only?

Swim lessons are included in the price of a membership and we encourage you to enjoy the full benefits of being a YMCA member.

How can I register for swim lessons?

Members may register at the Membership Sales and Service Desk.

Do you offer private swim lessons?

Private lessons are available only during summer. Details can be found in the Summer Program Guide.

Do you offer swim lessons for adults?

Yes. Please see our [Program Guide](#) for days and times. No registration is required.