



YMCA of
Newfoundland and Labrador

become a
lifeguard

Learning starts here.

Winter 2018

Ches Penney Family YMCA

35 Ridge Road, P.O. Box 21291, St. John's, NL A1A 5G6

T: (709) 726-YMCA (9622)

Bronze Medallion

Apr 15, 22, 29, 2018 (Sun)

Time: 8:30 am - 3:30 pm

Cost: Members: \$155 +HST / Non-Members: \$175 +HST
(includes manual)

Prerequisite: Minimum 13 years of age or certified in Bronze Star. Cost includes manual.

Standard First Aid

Option 1: Feb 3-4, 2018 (Sat-Sun)

Option 2: May 5-6, 2018 (Sat-Sun)

Time: 10:00 am - 5:00 pm

Cost: Members: \$100 +HST / Non-Members: \$120 +HST

Note: Cost includes manual.

Bronze Cross

Option 1: Feb 11, 18, 25, 2018 (Sun)

Option 2: May 13, 20, 27, 2018 (Sun)

Time: 8:30 am - 3:30 pm

Cost: Members: \$155 +HST / Non-Members: \$175 +HST

Prerequisite: Current Bronze Medallion. Cost includes manual.

Standard First Aid Recertification

Option 1: Feb 12, 2018 (Mon)

Option 2: Jun 4, 2018 (Mon)

Time: 3:30 pm - 9:30 pm

Cost: Members: \$55 +HST / Non-Members: \$75 +HST

Note: Proof of previous Standard First Aid Certification required.

Register today!

www.ymcanl.com
CRA # 108225533RR0001