



the charity where **you** belong

2005/2006 ANNUAL REPORT



YMCA-YWCA

We build strong kids,
strong families, strong communities.

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Mount Pearl Community Y

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Program Development

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Enterprise Services

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School Age Child Care

Sherry Thompson *Manager*
St. John's Y

Message from the **Chair** of the Board of Directors and the **Chief Executive Officer**

2005/2006 has been a year of challenges, opportunities, and looking to the future. Through our comprehensive strategic planning process, our charity has put in place a plan that will ensure we are able to serve more people in more program locations. 2006-2009 will be exciting times for our charity as we focus on our key strategic directions of program and facility development, communications, and philanthropic development.

Our main business, as it has been for the past 152 years, is the "transformation business". We help people transform their lives from unhealthy to healthy, from isolated to involved, from unsupported to supported, from unemployed to employed.

We want to thank every one of our 14,000 participants in employment & enterprise, children's services, and health fitness & recreation programs. We also thank our employees, volunteers, and donors for their outstanding contributions to making our Y the place where everyone belongs and making our communities even better places to live.

Sincerely,



Jason Brown
Chief Executive Officer



Gerry Carew, Chair
Board of Directors



YMCA-YWCA
We build strong kids,
strong families, strong communities.

the charity where families belong

The Y is a family organization - families can join as members, families participate together, families are supported through our child care programs, families benefit from involvement in our employment programs, and families volunteer and donate. All of our programs and locations are designed to nurture strong families, no one is ever turned away for inability to pay program fees.



the charity where kids belong

In our day camps, child care, health & recreation programs, and community programs serving kids is an essential part of the Y. Kids learn new skills, develop healthy life habits, and interact with other kids. Our Y Playing to Learn curriculum in child care programs fosters development and learning.

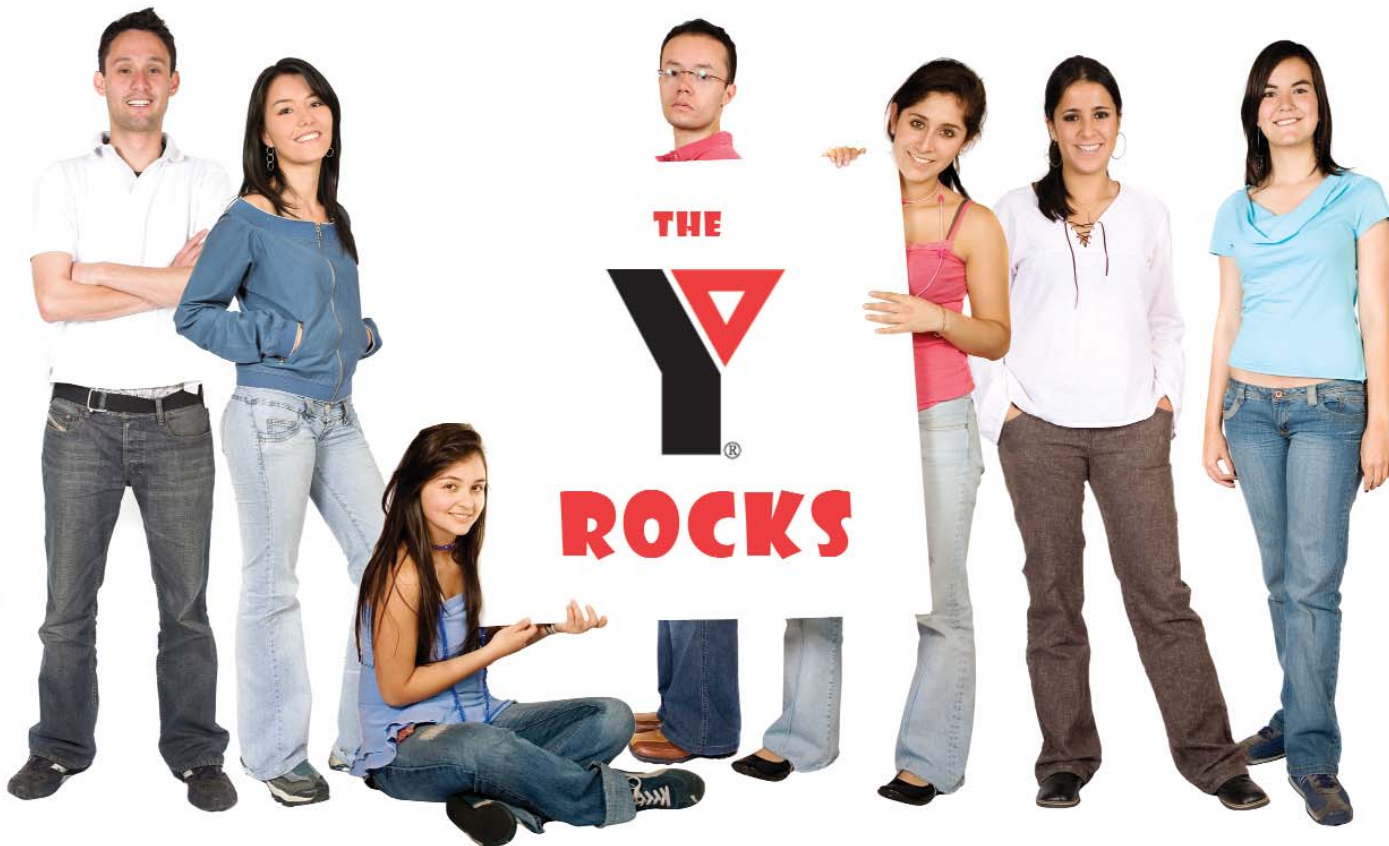


YMCA-YWCA

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the charity where youth belong

Y youth leaders are active in all of our communities - food drives, fundraising, volunteering with seniors, and learning leadership skills. In 2005/2006 Y youth leaders participated in a Visions Exchange with Y youth leaders in Cambridge, ON, led kids in day camp programs, and were role models for kids in health programs.



YMCA-YWCA
We build strong kids,
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the charity where adults belong

Through our enterprise services programs the Y has helped over 70 businesses still in operation in our communities get their start and helped 1000s of people find employment and improve their job skills. Good jobs help people stay in Newfoundland and Labrador, support their families, and feel good about their contributions and achievements.



YMCA-YWCA

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the charity where older adults belong

The Y's membership program in St. John's and Mount Pearl involves hundreds of older adults in programs to improve cardiovascular health, build muscle and bone density, socialize, and stay connected. The population of Newfoundland and Labrador is aging, and the Y helps people get and stay healthy.



YMCA-YWCA
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the charity where partners belong

Our partners believe in the work of our charity. We are proud to be in partnership with Service Canada, Atlantic Canada Opportunities Agency, Province of Newfoundland and Labrador, City of St. John's, City of Mount Pearl, Eastern School District, Eastern Health, Newfoundland and Labrador Credit Union, and Canadian Tire Jump Start.



YMCA-YWCA

We build strong kids,
strong families, strong communities.

the charity where volunteers and donors belong

More than 350 partners, advisors, work placements, supporters, volunteers, and donors contributed to building stronger communities through the Y. Y volunteers and donors give of their time and funds because they know they're helping to give everyone access to our programs and make our communities even better places to live.



YMCA-YWCA

We build strong kids,
strong families, strong communities.

Thank you to our volunteers and donors

Volunteers

Bill Abbott
June Alteen
Wayne Amminson
Cathy Andrews
Christopher Anstey
Daniel Banoub
Kathryn Banoub
Marlene Bayers
Scott Betts
Blair Bradbury
Erin Bradbury
Matthew Browne
Anne Budgell
Alice Burke
Kimberly BurrIDGE
Jim Butler
Ken Butt
Janis Byrne
Gerry Carew
Gordon Carew
Kathleen Chafe
Sn Chin
Darren Chislett
Su Cleyle
Laurie Clouston
Cheryl Coleman
Eileen Collingwood
Fabian Connors
Kate Connors
Gordon Cook
Dave Crosbie
Peter Densmore

Bill Donovan
Sheila Dooley
Julie Downey
Mary Lou Downey
Jeff Driscoll
Paul Dunne
Maureen Dwyer
Chad Elliott
Danny Ennis
Eric Eveleigh
Wayne Eveleigh
Jon Finn
Paula Frey
Dante Galutira
Scott Giannou
Paul Goulart
Rick Greenwood
Ginger Greey
Amanda Hancock
Virginia Harger-
Grinling
Bryan Harris
Karen Heldt
Wayne Hewlett
Jane Higgans
Mike Hollahan
Bill Holwell
Sharon Horan
Brian Hurley
Christine Jones
Alice Keats
Ruby Keats
Anita Kelland
Ken Kelland

Danielle Kennedy
Greg Kirby
Sharon Leonard
Clayton Lester
Florence Lester
Rita Lester
Jolene Lynch
Bill Madore
Denis Mahoney
Rindala Maroun
Darren Martin
Ken Martin
Steph Matthews
Art Mercer
Candace Mercer
Tina Mercer
Justin Meyers
Shane Monahan
Judy Moody
Colin Moore
Chris Morgan
Andy Morrow
Barry Mullet
Robert Murakami
Elizabeth Murphy
Robyn Nelson
Ruth Noel
Elizabeth Noftall
Nancy Noseworthy
Lisa Oakley
Chris O'Dea
Karen O'Neill
Lloyd Osmond
George Parsons

Pearl Parsons
Kathleen Paterno
Ian Patey
Nickolas Peddle
Shannon Penney
Ben Pereira
Heather Peters
Steve Picco
Annette Pierce
Lily Piercey
Lloyd Piercey
Bruce Pike
Greg Pike
Katie Power
Jo-Ann Prosper
Randy Purchase
Theresa Rahal
Andrea Rhineland
Ken Rideout
Craig Rodgers
Kellie Rodgers
Rodney Rollins
Craig Rowe
Robert Saunders
Ryan Seddon
Dave Shortall
Bonnie Simmons
Rod Simmons
Joan Simms
Jamie Smith
Jeremy Smith
Yajing Song
Wanda Stack
Lynnann Stapleton
Ian Stokes
Holly Strong
Heather Sullivan
Mike Sullivan
Nicola Tonkin
David Tucker
Melissa Tucker
Peter Tucker
Richard Tucker
Natelle Tulk
Shannon Wade
Alicia Walsh
Jim Walsh
Lisa Warren
Jessica Webb
Geoff Wedgewood
Justin Wheaton
Jason Whiteway
Janine Woodrow

Our Donors

\$20,000 +
Elinor Gill Ratcliffe

\$10,000 - \$19,999
Canadian Tire Foundation for Families

\$5000 - \$9999
International Fundraising

\$1000 - \$4999.
Y Craft Fair
Rotary Club of St. John's East
Foundation
Transcontinental Golf Sponsorship
Lockers
Jason Brown
Angus & Jean Bruneau
Paul Goulart and Genevieve Bulgin

\$500 - \$999
Karen Browne
Lloyd Osmond

Up to \$499
Austin Anthony
Jean Aylward
Craig Baker
Joseph Banoub
Gilliane Beaulieu
Jessica Browne
Anne Budgell
Mike Bugden
Joan Burdock
Janis Byrne
Gerry Carew
Su Cleyle & Don Duffie
Laurie Clouston
Barbara Cock
Eileen Collingwood
Eileen Connors
Stella Cooper
James Crawford
Andy and Sue Crichton
Isabelle Critchell
Genevieve Doyle
Gerald & Maureen Dwyer
Eric Easton
Deanne Feltham-Scott
Lillian Fidler
Scott Giannou
Golf Tournament

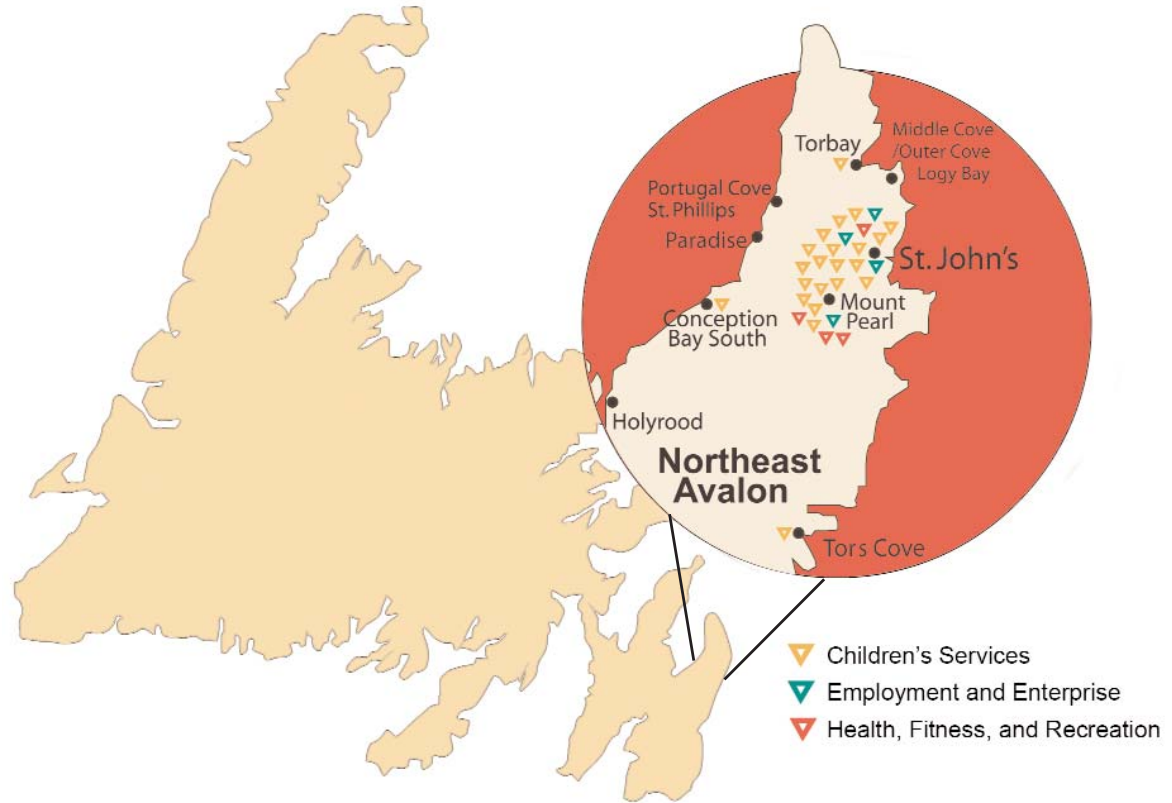
Brad Gover
Susan Green
Jane Green
Beverly Guest
Elva Harris
Nancy Hickman
David Hood
Sharon Horan
Brian Hurley
Kevin Hutchings
Marilyn Jarvis
Evan & Neva Johnson
Tony Kenny
Patricia Lannon
Tom Manuel
Claire Martin
Bill McGrath
Maxine Mercer
Keith Mercer
Judy Moody
Barbara Morris
TM Munn
Harry North
Michelle Northover
Frank Noseworthy
Leanne O'Leary
Jacqueline Park
Valerie Parmenter
Ed Parsons
Heidi Pearce
Kristine Penney
Heather Peters
Mary Pretty
Marie Ridgely
Craig Rowe
Bonnie Simmons
Violet Smallwood
Phil and Anne Smith
Judith Smith
Olga Sullivan
Kimberley Summers
Sherry Thompson
United Way of Avalon
Lisa Warren
Jason Whiteway
Jean Wilson
X-Wave





YMCA-YWCA

We build strong kids,
strong families, strong communities.



Program Locations - Northeast Avalon

Association Services

34 New Cove Road PO Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2960 Fax. 709-576-0410

Employment and Enterprise Services

401 Empire Avenue
St. John's, NL A1E 1W6
Tel. 709-757-2665 Fax 709-757-2670

5 Job Street
St. John's, NL A1E 1H1
Tel. 709-754-2982 Fax. 709-754-2987

9 Commonwealth Avenue
Mount Pearl, NL
Tel. 709-745-6782 Fax. 709-745-6791

Children's Services

34 New Cove Road PO Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2960 Fax. 709-576-0410

Mary Queen of Peace, Vanier School,
Rennie's River School, Roncalli School,
St. Andrew's School, St. Teresa's School,
Bishop Feild School, Reid Centre, St.
John's Y, Mount Pearl Community Y,
Holy Trinity School, St. Peter's School,
Kinder Kare, Cowan Heights School, St.
Matthew's School, and Newtown School.

Health, Fitness, Recreation, and Membership

St. John's Y
34 New Cove Road PO Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2960 Fax. 709-576-0410

Mount Pearl Community Y
25 Holden Street, Mount Pearl, NL
Tel. 709-748-1082 Fax. 709-748-1087

Our Mission

The purpose of our Association is to encourage all people in our communities to join together by providing opportunities for growth in spirit, mind and body through an environment that is built on respect, trust and safety.

Our Vision

The YMCA-YWCA of Northeast Avalon is a leading charity that fosters self confidence and a sense of community. We empower people to be the best they can be.

Our Values

Caring - Honesty - Respect

Responsibility - Inclusiveness - Health



the charity where **everyone** belongs



YMCA-YWCA

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www.ynortheastavalon.com

34 New Cove Road
P.O. Box 21291, St. John's, NL
A1A 5G6

Summary of 2005/2006 Audited Statements

Consolidated Statement of Operations For the Period Ending August 31

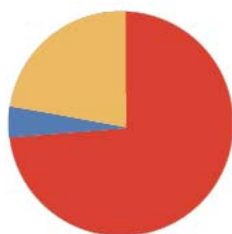
	2006	2005
Revenue		
Membership and Program Revenue	\$2,821,229	\$2,900,427
Other Revenue	87,322	23,974
Donations	42,580	95,872
	<u>\$2,951,131</u>	<u>\$3,020,273</u>
Expenditures		
Miscellaneous Expenses	\$356,450	\$301,791
Occupancy Costs	310,671	336,693
Program Supplies	296,245	477,513
Salaries and Benefits	1,906,955	2,006,237
	<u>\$2,870,321</u>	<u>\$3,122,234</u>
Surplus/(Deficit) Before Depreciation	<u>\$80,810</u>	<u>(\$101,961)</u>
Depreciation Expense	48,452	38,768
Surplus/(Deficit) After Depreciation	<u>\$32,358</u>	<u>(\$140,729)</u>
Financial Assistance Provided	48,779	-
Transition Costs	76,765	-
Surplus/(Deficit) After Depreciation	<u><u>(\$93,186)</u></u>	<u><u>(\$140,729)</u></u>

Consolidated Statement of Financial Position As at August 31

	2006	2005
Assets		
Current Assets	\$319,004	\$282,560
Long Term/Fixed Assets	853,908	801,219
	<u>\$1,172,912</u>	<u>\$1,083,779</u>
	Total Assets	
Liabilities		
Current Liabilities	\$610,984	\$613,194
Long Term Debt	201,784	0
Fund Balances		
Surplus/(Deficit)	\$360,144	\$470,585
	<u>\$1,172,912</u>	<u>\$1,083,779</u>
	Total Liabilities and Funds	

*complete audited statements are available for review by appointment
in the office of the CEO

14,000 Participants in 2005/2006



- Employment and Enterprise
- Child Care and Day Camp
- Health Fitness and Recreation

Y Facts 2005/2006

Employees	160
Charitable donations	\$42,580.00
Volunteers	200
Y program locations	30



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