



you can

# provide opportunities

for others in ways  
you can't imagine

» Donate to the **Strong Families Campaign**

## From a YMCA Parent

I want to express my sincere gratitude to the YMCA.

When I became a single parent and was laid off from my job of 19 years, my financial obligations and stability became very difficult. That's when I approached the YMCA for help.

I received assistance for not only child care, but for a family membership as well. My son absolutely loved to play basketball at the YMCA and we both got the benefit of exercise that we wouldn't have been able to afford otherwise.

I can't emphasize enough the dedication of your staff and their commitment to the community they serve. I certainly hope that one day I can give back to the YMCA and help a family the way my son and I have been assisted.

**YMCA**  
a charity where you belong

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