



Marystown YMCA - Child and Youth Program Holiday Schedule

Dec 19, 2016 - Jan 1, 2017

Last day of lessons: Dec 11, 2016 (Sun)

Lessons resume: Jan 4, 2017 (Wed)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>19</p> <ul style="list-style-type: none"> Intro to Sports (ages 3-5) 9:30-10:30am (Gym) Dash & Splash * (ages 6-12) 4:00-5:30pm (T/MP) Track Time (ages 6-12) 5:30-6:30pm (T) Active Gym (ages 6-12) 6:20-7:00pm (Gym) 	<p>20</p> <ul style="list-style-type: none"> Indoor Playground (ages 0-8) 10:30am-12:00pm (Gym) Hockey Skills & Drills (ages 6-8) 4:00-5:00pm (Gym) Hockey Skills & Drills (ages 9-12) 5:30-6:30pm (Gym) Lifeguard Club* (ages 10-14) 6:15-7:00pm (MP) Hockey Skills & Drills (ages 12-17) 6:30-7:30pm (Gym) Teen Fit * (ages 12-17) 7:30-8:30pm (CC) 	<p>21</p> <ul style="list-style-type: none"> Rec/Lane Swim in place of lessons Intro to Sports (ages 3-5) 9:30-10:30am (Gym 1) Racquet Sports (ages 6-12) 4:00-5:00pm (Gym) Active Kids (ages 3-5) 5:00-5:30pm (Gym) Teen Fit* (ages 12-17) 5:30-6:30pm (CC) Skills & Drills (ages 13-17) 6:25-7:00pm (MP) Bootcamp (ages 6-12) 6:30-7:15pm (Gym) Zumba (ages 13-17) 7:30-8:15pm (Gym) 	<p>22</p> <ul style="list-style-type: none"> Indoor Playground (ages 0-8) 10:30am-12:00pm (Gym) Active Gym (ages 6-12) 4:00-5:00pm (Gym) Track Time (ages 9-12) 5:30-6:30pm (T) Teen Fit* (ages 12-17) 5:30-6:30pm (CC) Racquet Sports (ages 13-17) 7:30-8:15pm (Gym) 	<p>23</p> <ul style="list-style-type: none"> Intro to Sports (ages 3-5) 9:30-10:30am (Gym 1) Parent&Tot Aqua Fit 11:05-11:50am (MP) Basketball (ages 6-8) 4:00-4:45pm (Gym) Track Time (ages 6-12) 4:00-5:00pm (T) Basketball (ages 9-12) 4:45-5:30pm (Gym) Basketball (ages 12-17) 5:30-6:15pm (Gym) Tot Lessons (ages 0-2) 5:30-6:00pm (PP) Swim&Gym* (ages 6-12) 5:30-7:00pm (AC/Gym) Teen Swim (ages 13-17) 7:00-8:00pm (AC) 	<p>24</p> <p>Hours: 7:00am-2:00pm</p> <p>NO PROGRAMS / CLASSES (ALL AGES)</p> <ul style="list-style-type: none"> Rec/Lane Swim 8:00am-1:30pm <p>Slide: 11:00am-1:00pm</p> <ul style="list-style-type: none"> Child Minding* 9:00am-12:00pm Indoor Playground (ages 0-8) 9:00am-12:00pm (Gym) <p>Pool closes at 1:30pm</p>	<p>25</p> <p>CLOSED</p> 
<p>26</p> <p>Hours: 7:00am-6:00pm</p> <p>NO PROGRAMS / CLASSES (ALL AGES)</p> <ul style="list-style-type: none"> Rec/Lane Swim 9:00am-2:00pm <p>Slide: 3:00am-5:30pm</p> <ul style="list-style-type: none"> Child Minding* 9:00am-12:00pm Indoor Playground (ages 0-8) 9:00am-12:00pm (Gym) <p>Pool closes at 5:30pm</p>	<p>27</p> <ul style="list-style-type: none"> Indoor Playground (ages 0-8) 10:30am-12:00pm (Gym) Hockey Skills & Drills (ages 6-8) 4:00-5:00pm (Gym) Hockey Skills & Drills (ages 9-12) 5:30-6:30pm (Gym) Lifeguard Club* (ages 10-14) 6:15-7:00pm (MP) Hockey Skills & Drills (ages 12-17) 6:30-7:30pm (Gym) Teen Fit * (ages 12-17) 7:30-8:30pm (CC) 	<p>28</p> <ul style="list-style-type: none"> Rec/Lane Swim in place of lessons Intro to Sports (ages 3-5) 9:30-10:30am (Gym 1) Racquet Sports (ages 6-12) 4:00-5:00pm (Gym) Active Kids (ages 3-5) 5:00-5:30pm (Gym) Teen Fit* (ages 12-17) 5:30-6:30pm (CC) Skills & Drills (ages 13-17) 6:25-7:00pm (MP) Bootcamp (ages 6-12) 6:30-7:15pm (Gym) Zumba (ages 13-17) 7:30-8:15pm (Gym) 	<p>29</p> <ul style="list-style-type: none"> Indoor Playground (ages 0-8) 10:30am-12:00pm (Gym) Active Gym (ages 6-12) 4:00-5:00pm (Gym) Track Time (ages 9-12) 5:30-6:30pm (T) Teen Fit* (ages 12-17) 5:30-6:30pm (CC) Racquet Sports (ages 13-17) 7:30-8:15pm (Gym) 	<p>30</p> <ul style="list-style-type: none"> Intro to Sports (ages 3-5) 9:30-10:30am (Gym 1) Parent&Tot Aqua Fit 11:05-11:50am (MP) Basketball (ages 6-8) 4:00-4:45pm (Gym) Track Time (ages 6-12) 4:00-5:00pm (T) Basketball (ages 9-12) 4:45-5:30pm (Gym) Basketball (ages 12-17) 5:30-6:15pm (Gym) Tot Lessons (ages 0-2) 5:30-6:00pm (PP) Swim&Gym* (ages 6-12) 5:30-7:00pm (AC/Gym) Teen Swim (ages 13-17) 7:00-8:00pm (AC) 	<p>31</p> <p>Hours: 7:00am-2:00pm</p> <p>NO PROGRAMS / CLASSES (ALL AGES)</p> <ul style="list-style-type: none"> Rec/Lane Swim 8:00am-1:30pm <p>Slide: 11:00am-1:00pm</p> <ul style="list-style-type: none"> Child Minding* 9:00am-12:00pm Indoor Playground (ages 0-8) 9:00am-12:00pm (Gym) <p>Pool closes at 1:30pm</p>	<p>1</p> <p>Hours: 7:00am-6:00pm</p> <p>NO PROGRAMS / CLASSES (ALL AGES)</p> <ul style="list-style-type: none"> Rec/Lane Swim 9:00am-2:00pm <p>Slide: 3:00am-5:30pm</p> <ul style="list-style-type: none"> Child Minding* 9:00am-12:00pm Indoor Playground (ages 0-8) 9:00am-12:00pm (Gym) <p>Pool closes at 5:30pm</p>

NOTE: This replaces the program guide for the dates indicated

* Please register at Welcome Desk



Marystown YMCA - Group Fitness and Adult Program Holiday Schedule

Dec 19, 2016 - Jan 1, 2017

Last day of lessons: Dec 11, 2016 (Sun)
Lessons resume: Jan 4, 2017 (Wed)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>19</p> <ul style="list-style-type: none"> • Boot Camp 6:15-7:00am (Gym) • Aqua Fit 9:15-10:00am (MP) • Swim Fit (50+) 12:00-1:00pm (MP) • Core Fit 5:30-6:15pm (Gym) 	<p>20</p> <ul style="list-style-type: none"> • Core, Stretch & Strength 6:15-7:00am (Gym) • Ball Fit 9:15-10:00am (Gym) • Aqua Jog 10:15-11:00am (MP) • Forever Fit (50+) 1:30-2:15pm (Gym) • Aqua Fit 7:05-7:50pm (MP) • Boot Camp 7:30-8:15pm (Gym) 	<p>21</p> <ul style="list-style-type: none"> • Rec/Lane Swim in place of lessons • Swim Fit 7:00-9:00am (MP) • Body Blast 10:00-10:45am (Gym 2) • 50+Lessons* 10:30-11:00am (MP) • Aqua Jog 11:05-11:50am (MP) • Swim Fit 12:00-1:00pm (MP) • Core, Stretch & Strength 12:10-12:50pm (Gym) • Ball Fit 5:30-6:15pm (Gym) • 18+Lessons* 7:15-8:00pm (MP) • Zumba 7:30-8:15pm (Gym) Zumba Dance Party! This Date only (glow sticks, dance lights) 	<p>22</p> <ul style="list-style-type: none"> • Boot Camp 9:15-10:00am (Gym) • Forever Fit (50+) 1:30-2:15pm (Gym) • Boot Camp 5:30-6:15pm (Gym) • Core, Stretch & Strength 6:30-7:30pm (Gym) • 18+Lessons* 7:15-8:00pm (MP) • Aqua Fit 7:40-8:10pm (MP) • Racquet Sports 8:00-9:00pm (Gym) 	<p>23</p> <ul style="list-style-type: none"> • Boot Camp 6:15-7:00am (Gym) • Swim Fit 8:00-9:00am (MP) • Body Blast 9:15-10:00am (Gym 2) • Aqua Fit Parent & Tot 11:05-11:50am (MP) • Core Fit 12:10-12:50pm (Gym) 	<p>24</p> <p>Hours: 7:00am-2:00pm</p> <p>NO PROGRAMS / CLASSES (ALL AGES)</p> <ul style="list-style-type: none"> • Rec/Lane Swim 8:00am-1:30pm <p>Slide: 11:00am-1:00pm</p> <p>Pool closes at 1:30pm</p>	<p>25</p> <p>CLOSED</p> 
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* Drop-in program