



➤ **Building a
brighter future**



YMCA - YWCA of Northeast Avalon
ANNUAL REPORT 09/10



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As the Board of Directors, staff, and volunteers work to complete Strategic Plan 2010 and prepare to implement Strategic Plan 2021, our 2009/2010 year was very exciting for our Association.

The Y Strong Families Campaign is nearing our goal of \$3.5 million, the new Ches Penney Family Y construction is on time and on budget, donors continue to support our annual campaign to fund our financial assistance program, and we again engaged thousands of people on the Northeast Avalon and across the province in our programs.

There were a number of significant achievements in the past year including a new funding agreement with HRLE to continue our Employment Assistance Service, new programs for youth exchanges and suspended high school students, a quality score of 100% in our licensed child care YMCA Playing to Learn programs for children up to age 6, and more trained volunteers to join the ranks of our volunteer instructors.

2010/2011 will be the culmination of five years of steady work to secure our future in service to our communities. In the coming months the new Y will open, we will continue to expand licensed child care, we will work to establish new community partnerships, our staff will grow to over 200 employees, even more people will volunteer to help meet our mission, and we will work to engage more youth in our programs.

As you read our annual report, you will meet people who are telling the story of their Y experiences - stories that show how the Y can help people transform their lives.

Thank you for being a part of the Y. Our future is bright.

Sharon Sparkes, Chair, Board of Directors

Jason Brown, President & CEO



Message from Y board chair and president & ceo

Pictured:

(L) Sharon Sparkes, Chair, Board of Directors
(R) Jason Brown, President & CEO

Along with his immediate family and grandchild, Harold has long been a loyal and satisfied member of the Y. A lifelong fitness enthusiast, Harold appreciates the flexibility and diverse fitness offerings the Y provides. A change in Harold's personal circumstances has necessitated a more specialized workout support regimen and Harold has since come to appreciate the support of the Y more than ever.

A more intimate understanding of the urgent need for a quality, fully accessible health facility – one inclusive for those with disabilities and limited mobility – quickly inspired Harold to become a proud supporter of the new Ches Penney Family Y. Like his father before him, Harold has made a generous personal donation to help build the new Y. He sees his gift not just as a donation, but as an investment in the future quality of life for his grandchildren and many other Newfoundland and Labrador families.



Member & Donor

harold's story



The Y continues to be vital in nurturing my health and my family's future.





Volunteer

nancy's story

Since 2001, Nancy has been a devoted member of the Y. She is fond of the community feeling, the friendly staff and the healthy living that the Y cultivates. Nancy and her daughter Bella enjoy spending time with the staff and fellow members of the Y, considering them part of their extended family.

Nancy is also heavily involved in volunteering at the Y- gratified to be able to give back to the community. As a volunteer, she is able to enlist in something positive not just for herself but for everyone, which pays forward into real and meaningful experiences. Through this, Nancy has learned a great deal and enthusiastically engages in opportunities to promote improvements for the betterment of all members.





I can honestly say that this exchange has surpassed my expectations. I felt that we got so much out of every day... This experience will surely never be forgotten.





Understanding how kids live in other cities fosters friendships and understanding that brings us all closer together. This is the heart of the YMCA Youth Exchanges Canada (YEC) initiative. The program twins young people of similar ages from another province or territory with the purpose of forming strong links between their own communities and communities elsewhere in Canada.

This past summer 25 youth from St. John's and Montreal participated in the YEC program. Beginning in Montreal, friendships were waiting to be formed though shyness, language, and culture provided some inevitable yet manageable barriers to overcome. In the days that followed, games and sports were mixed with participation in a variety of community projects. Exploration of Montreal and camping at YMCA Camp Kanawana helped erase any remaining barriers and by the time the second stage began, it was evident to all that lasting friendships had developed. Once in St. John's, a mix of whale watching, tree planting, and a Regatta Day excursion sealed the deal. You can gauge success by the smiles.

Youth
YMCA youth exchanges canada





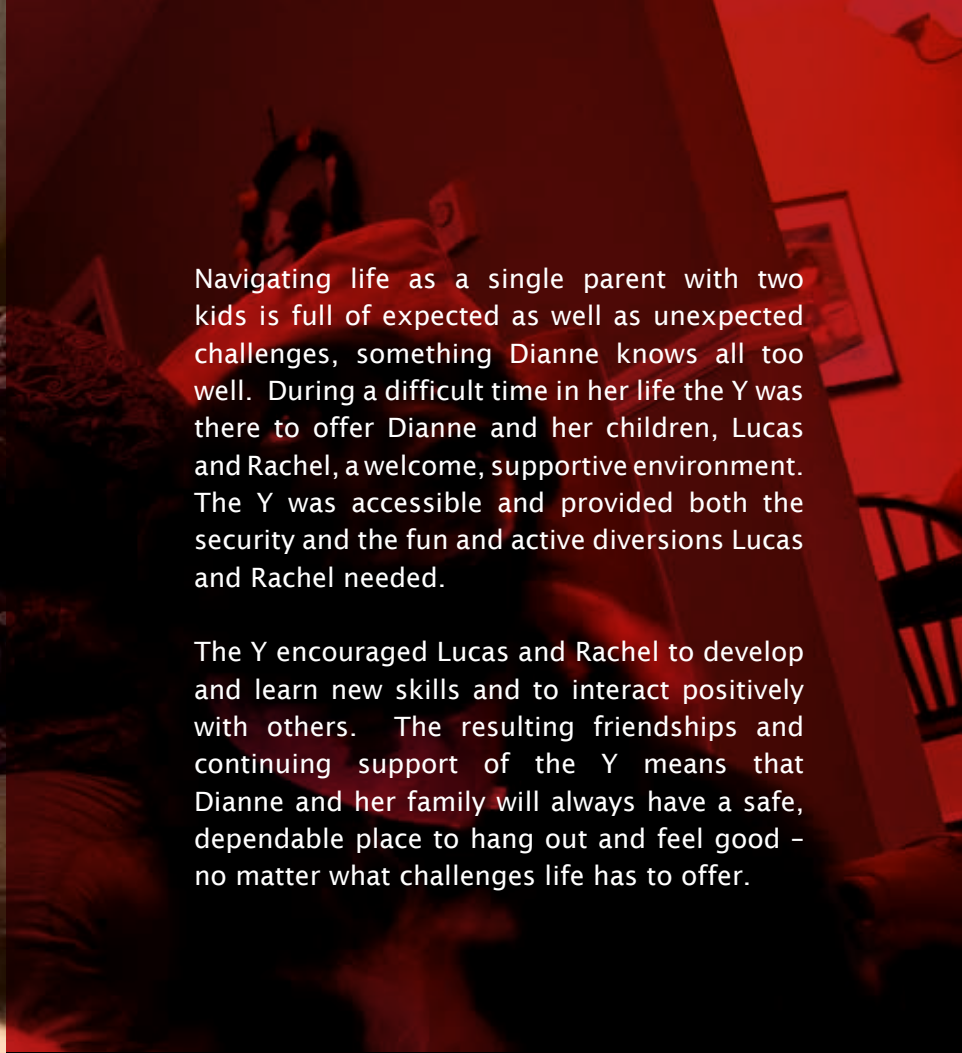
Child Care

kadiatu's story

Little Kadiatu loves the Y for the playing blocks, the finger painting, and the great friends she gets to meet and play with every day. Her mom, Victoria, loves the caring and nurturing environment of the Y's child care programs. Victoria appreciates the Y's convenience and flexibility and the staff's understanding of the hectic needs of a busy parent. So while Kadiatu continues to play, learn, and release her inner finger paint artist, Victoria can relax and go to work with peace of mind knowing her daughter is in very safe hands.

The Y is the largest provider of non-profit licensed child care in the province and within Canada, helping children every day to build self-confidence, learn healthy behaviours, and develop strong values.



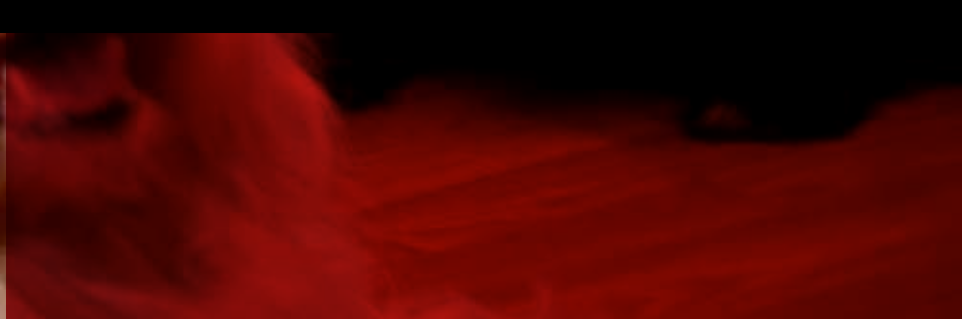


Navigating life as a single parent with two kids is full of expected as well as unexpected challenges, something Dianne knows all too well. During a difficult time in her life the Y was there to offer Dianne and her children, Lucas and Rachel, a welcome, supportive environment. The Y was accessible and provided both the security and the fun and active diversions Lucas and Rachel needed.

The Y encouraged Lucas and Rachel to develop and learn new skills and to interact positively with others. The resulting friendships and continuing support of the Y means that Dianne and her family will always have a safe, dependable place to hang out and feel good - no matter what challenges life has to offer.

>> The Y has been a safe place for me and my family...in both good times and bad.

Family
dianne, lucas and rachel's story





bellies & bundles
Maternity & Baby Boutique

**Y Employment
& Enterprise**
bellies & bundles' story





Starting a business can be a harrowing experience even in the most ideal of circumstances. To navigate the many obstacles that invariably block the path to success, every business needs a plan: a thorough strategy that delineates your goals and dreams and how you plan to get there.

Before Bellies and Bundles, a new maternity and baby boutique, opened its doors for business in November 2009, the Y was able to be an integral part of the planning process. With a proven blueprint for successful development, the Y helped guide owners Lesley and Ashley in the right direction through each step in the development of a comprehensive business plan.

Approachable, flexible, and well informed, the Y staff provided the invaluable advice and support that infused Lesley and Ashley with the confidence they needed to push their new venture to the next stage.



It was so great to be helped along our path by someone who was so knowledgeable and accessible.



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\$ 5,000 - \$ 10,000 +

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Bob Thorburn

Strong Families Campaign



We make every effort
to ensure that every
person who generously
gives to the Y is
recognized.
If necessary, please
contact us so that we
may update our records.

®

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Time, Talent & Treasure

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** Term ended December 2009*

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P.O. Box 21291
St. John's, NL A1A 5G6
Tel. 709-726-YMCA (9622) Fax 709-757-2670

Employment and Enterprise Services

Regatta Plaza II, 84 Elizabeth Avenue
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St. John's, NL A1A 5G6
Tel. 709-757-2665 Fax 709-757-2670
7 Austin Street, Unit 3
P.O. Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2982 Fax 709-754-2870

Children's Services

34 New Cove Road P.O. Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2962 Fax. 709-576-0410

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34 New Cove Road P.O. Box 21291
St. John's, NL A1A 5G6
Tel. 709-754-2960 Fax. 709-576-0410

Mount Pearl Community Y
25 Holden Street
Mount Pearl, NL A1N 3G9
Tel. 709-748-1082 Fax. 709-748-1087

Our Mission

YMCA-YWCA is a charity that provides opportunities for all to grow in spirit, mind, and body.

Vision 2010

YMCA-YWCA will be a leading charity providing access to all in employment, child care, and health programs.

Our Values

Caring – Honesty – Respect
Responsibility – Inclusiveness - Health



YMCA-YWCA

We build strong kids,
strong families, strong communities.



www.ynortheastavalon.com

P.O. Box 21291, St. John's, NL A1A 5G6
Charitable Registration #108225533RR0001



Pictured on our cover:

The new Ches Penney Family Y
presently under construction.



Financial Statements

Summary of 2009/2010 audited financial statements

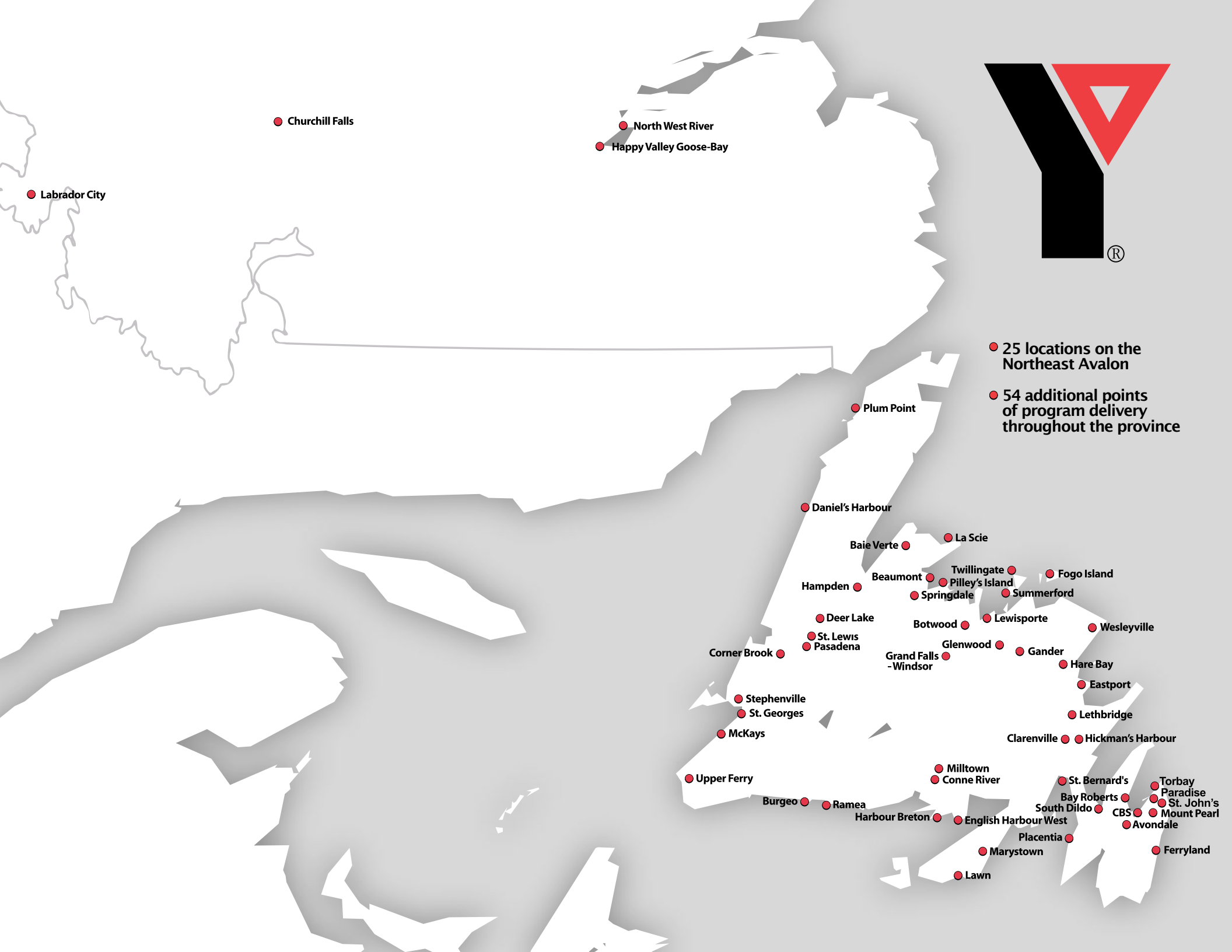
Consolidated Statement of Operations For the Period Ending 31 August, 2010

Revenue	2010 Operations	2010 New Y Project	2010 Total	2009 Operations	2009 New Y Project	2009 Total
Membership, Program, and Annual Campaign Revenue	3,965,437	-	3,965,437	3,365,270	-	3,365,270
Total	3,965,437	-	3,965,437	3,365,270	-	3,365,270
Gain on Sale of Assets at 34 New Cove Road	-	-	-	-	682,345	682,345
Total Revenue	3,965,437	-	3,965,437	3,365,270	682,345	4,047,615
Expenses						
Program, Administration, and Occupancy Expenses	3,736,138	-	3,736,138	3,221,065	-	3,221,065
New Building Project Expenses - non-capital	-	145,592	145,592	-	174,551	174,551
Total	3,736,138	145,592	3,881,730	3,221,065	174,551	3,395,616
Surplus / (Deficit)	229,299	145,592	83,707	144,205	507,794	651,999
Depreciation Expense - non-cash	107,978	-	107,978	103,739	-	103,739

Consolidated Statement of Financial Position For the Period Ending 31 August, 2010

Assets	2010 Total	2009 Total
Current Assets	1,745,193	1,495,152
Unrestricted Investment Fund	-	-
Restricted Investment Funds	-	31,205
Deferred Capital Costs - New Building	7,677,486	1,791,041
Long Term/Fixed Assets	987,718	1,036,372
Total Assets	10,410,439	4,353,770
Liabilities		
Current Liabilities	2,486,264	1,608,407
Building Under Construction	4,854,663	1,542,571
Long Term Debt	1,929,163	-
Total Liabilities	9,270,090	3,150,978
Fund Balances		
Unappropriated Surplus	1,140,349	1,202,792
Total Liabilities and Fund Balances	10,410,439	4,353,770

*complete audited statements are available for review by appointment in the office of the CFO



● Churchill Falls

● North West River
● Happy Valley Goose-Bay

● Labrador City

- 25 locations on the Northeast Avalon
- 54 additional points of program delivery throughout the province

● Plum Point

● Daniel's Harbour

● Baie Verte

● La Scie

● Hampden

● Beaumont

● Twillingate

● Fogo Island

● Springdale

● Pilley's Island

● Summerford

● Deer Lake

● Botwood

● Lewisporte

● Wesleyville

● St. Lewis

● Pasadena

● Glenwood

● Grand Falls - Windsor

● Gander

● Hare Bay

● Corner Brook

● Stephenville

● St. Georges

● McKays

● Eastport

● Lethbridge

● Clarenville

● Hickman's Harbour

● Upper Ferry

● Milltown

● Conne River

● Burgeo

● Ramea

● Harbour Breton

● English Harbour West

● St. Bernard's

● Bay Roberts

● South Dildo

● Placentia

● Marystown

● Lawn

● Torbay

● Paradise

● St. John's

● Mount Pearl

● Avondale

● Ferryland