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People have long looked to the Y for inspiring stories of transformation. Perhaps the most inspiring story in our recent history is the transformation of our charity's main location to the new Ches Penney Family Y. This facility is the tool we will use to increase our capacity and extend our reach. The tireless work of the Board of Directors, staff, volunteers, community partners, and donors over the past year has led to an exciting milestone for our Association. We are grateful for the immense generosity of our donors who contributed the needed \$3.5 million to the Y Strong Families Campaign to help build the Ches Penney Family Y that opened in July 2011. This leadership will inspire others in our community to take positive action in their own lives for years to come.

Thank you to our members for their patience during the sequence of opening our new building. We are proud to say that November brought two new firsts for our Y - the opening of the Captain R. Bartlett Aquatics Centre and the Crosbie Family Track. Also new to our Y is the addition of Infant Care in our Rotary Child & Family Development Centre and our Ernst and Young Employment & Enterprise Centre which houses a Computer Access Program (CAP) site. Our YMCA Strong Kids Campaign continues to strengthen our community by providing financial support to those who participate in Y programs as a way to be healthy and active. The opportunities that will culminate from increased access for members with financial barriers will have a lasting impact on the vision of our cause driven organization. Our 2010-2011 Annual Report shares stories of individuals and families whose lives have been positively transformed by the Y.

Moving forward, we will hone our focus on operational excellence. Expanding our participant base and our volunteer and philanthropic resources will nurture success and growth in our community in spirit, mind and body. To that end, we urge you to remember your own work life balance. Take time out of your busy schedule to hop aboard one of our fantastic new pieces of cardio equipment and gaze through the windows overlooking St. John's. We're sure you'll agree, the view of the future from here is breathtaking.

Thank you for being a part of the Y. 2010-2011 was another successful year.

Sharon Sparkes, Chair, Board of Directors

Chris Roos, President & CEO

## Message

from Y board chair and president & ceo



- (L) Sharon Sparkes, Chair, Board of Directors
- (R) Chris Roos, President & CEO





After years of planning and with the generosity of our many donors, funders, and partners, our new Ches Penney Family Y opened on July 23, 2011.





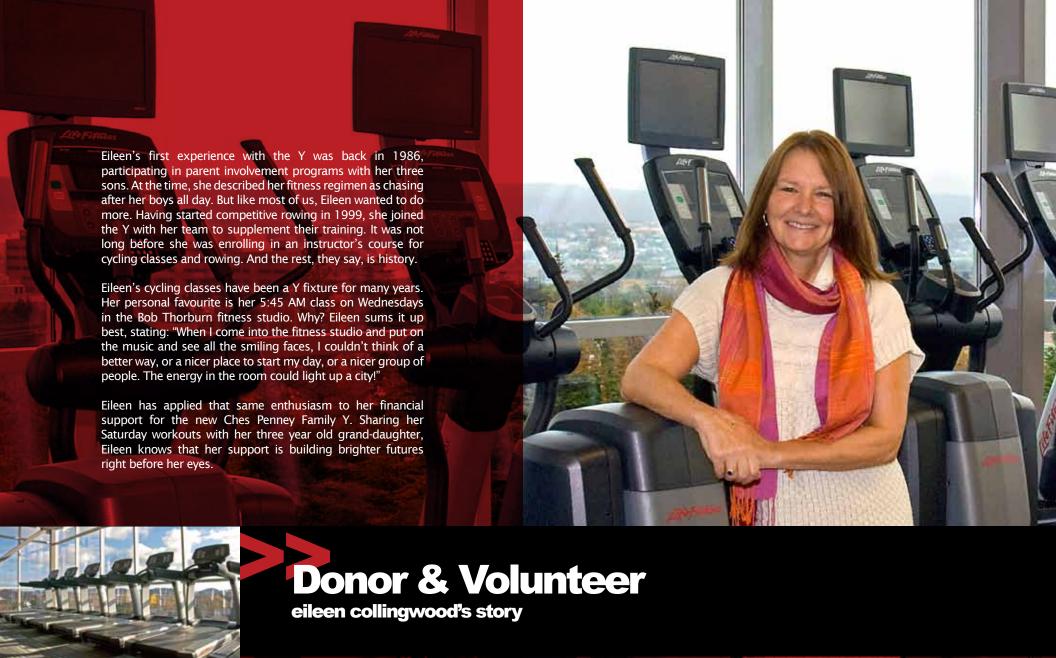
We are exceptionally proud of this unique, modern and environmentally sustainable facility located in Pippy Park on 35 Ridge Road, easily accessible from every part of metropolitan St. John's. The Ches Penney Family Y offers members: an expansive conditioning centre with a panoramic view of the city; aquatics centre (with a main pool, play pool and whirlpool); full size gymnasium with a 2nd story 100m running track; fitness studio; two raquetball/squash courts; child minding services; meeting rooms; and male, female and family change rooms, and adult only amenities. Families and members can also relax in our comfortable lounge area with café services and an aquatics viewing area.

## A New Beginning

the Ches Penney Family Y Opens









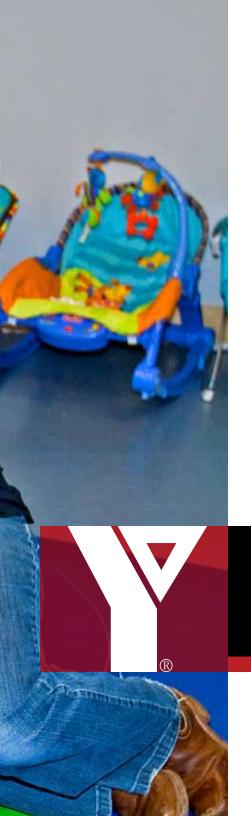


Caryn Lewis came to the Y as part of her training in the Federal Public Sector Youth Internship Program (FPSYIP). The experience has opened many doors of opportunity for Caryn, even some she had not considered. "I have always been interested in occupational health and safety but the more I learn, with my mentor's help, the more I am considering a career in Human Resources."

After a serious car accident forced her to examine another career path, Caryn says that the Y was instrumental in pointing her in the right direction. "I have to say the most valuable aspect of this, for me, is the people I have met and have had a privilege to work with. Being a single mom, the flexibility, understanding and support from everyone here at the Y has been overwhelming. I am very thankful to have this opportunity."

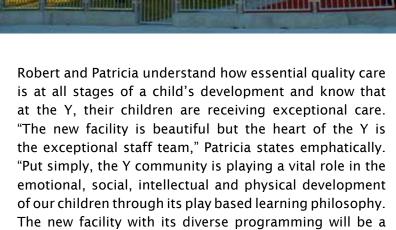






"There is this old adage, 'it takes a community to raise a child.' That really expresses the role the YMCA plays within our family," says Patricia Ivory. Both Anna Lynn and Ava Jane are enrolled with Y Children's Services.





place our family will enjoy for years to come."



robert, patricia, anna lynn and ava jane's story

Learn more about the services offered at Ches Penney Family Y on our website: www.ynortheastavalon.com





For the Moody family, the Y has been a family affair for over 25 years.

Having started in fitness classes, Doug and his wife Judy, along with their children Sara and Andrew, discovered so much more. As longtime members and volunteers, the Moodys see the Y as a place that reaches out to people, a community that offers something for everyone, and a healthy environment where friendships are fostered and forged.





The Y has had a great impact on each member of the Moody family. Andrew has always felt a strong bond to the Y, where he now volunteers every Sunday on the membership sales and service desk, offering the same and heartfelt welcome he has experienced his whole life, as a child, youth and young adult.

# Family & Youth the moody family's story



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#### **Tracy Harris**

The Y lost a very well-known and well-liked member of our staff team this year. For many years Tracy Harris' heart and soul resonated at the St. John's Y along with her bright smile. Tracy Harris, our Manager of Membership Sales and Service - Administration at the St. John's Y suddenly passed away on Wednesday, May 11, 2011, at 41 years of age. The Y wishes to thank everyone who made a generous gift to the Strong Kids Campaign in memory of Tracy.



#### **Association Services**

Ches Penney Family Y, 35 Ridge Road P.O. Box 21291, St. John's, NL A1A 5G6 Tel: (709) 726-YMCA (9622) Fax: (709) 576-0410

#### **Health, Fitness, and Recreation**

Ches Penney Family Y, 35 Ridge Road P.O. Box 21291, St. John's, NL A1A 5G6 Tel: (709) 726-YMCA (9622) Fax: (709) 576-0410

#### **Children's Services**

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#### **Camp Locations:**

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#### **Mission**

The Y is a charity that provides opportunities for all to grow in spirit, mind, and body.

#### **Vision**

The Y will be a leading charity providing access to all in employment, child care, and health programs.

#### **Values**

Caring - Honesty - Respect Responsibility - Inclusiveness - Health





### www.ynortheastavalon.com

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