



# embracing the possibilities

YMCA of Newfoundland and Labrador  
Annual Report 2014/2015



YMCA of  
Newfoundland and Labrador  
Annual Report 2014/2015

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Project Manager, Marystown YMCA

**Conrad Hickey, BBA, CPA, CGA**

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**Michelle Lambert**

General Manager, Employment and Enterprise Services

**Michelle Northover**

VP, Development

**Sherry Squires**

VP, Operations

**Olga Sullivan**

General Manager, Children's Services

\*resigned during first term

## message from the chair and ceo



### Embracing the possibilities...

At the annual strategic planning retreat this past year, the agenda focused on how to embrace everything made possible by the construction and opening of the new Ches Penney Family YMCA in St. John's. Ten years ago, we wanted the project to be something that changed and revitalized our YMCA forever. Four years ago the new YMCA opened and our impact on helping people be healthier, more active, and more connected to each other has grown ever since.

Our new operating name "YMCA of Newfoundland and Labrador" is part of embracing the possibilities and turning them into reality for people across the province:

- The new Marystown YMCA, opening in 2016
- The proposed Happy Valley-Goose Bay YMCA in planning stages for 2019
- The potential for a Bonavista YMCA Child Care Centre
- The potential for a new YMCA in the western region of St. John's
- The contemplated YMCA Camp on Tors Cove Pond
- Our new ACOA-funded Business Planning Program for enterprise development
- Continuing Phase II of the Strong Families Campaign to generate more charitable support for the YMCA
- Joining provincial tables of influence to be a positive contributor to population health in Newfoundland and Labrador
- Taking the necessary steps to being an even better employer
- The potential for new collaborations and deeper connections with our friends at the YMCA of Exploits Valley and the YMCA of Western Newfoundland

The possibilities are endless.

Thank you for being part of the YMCA

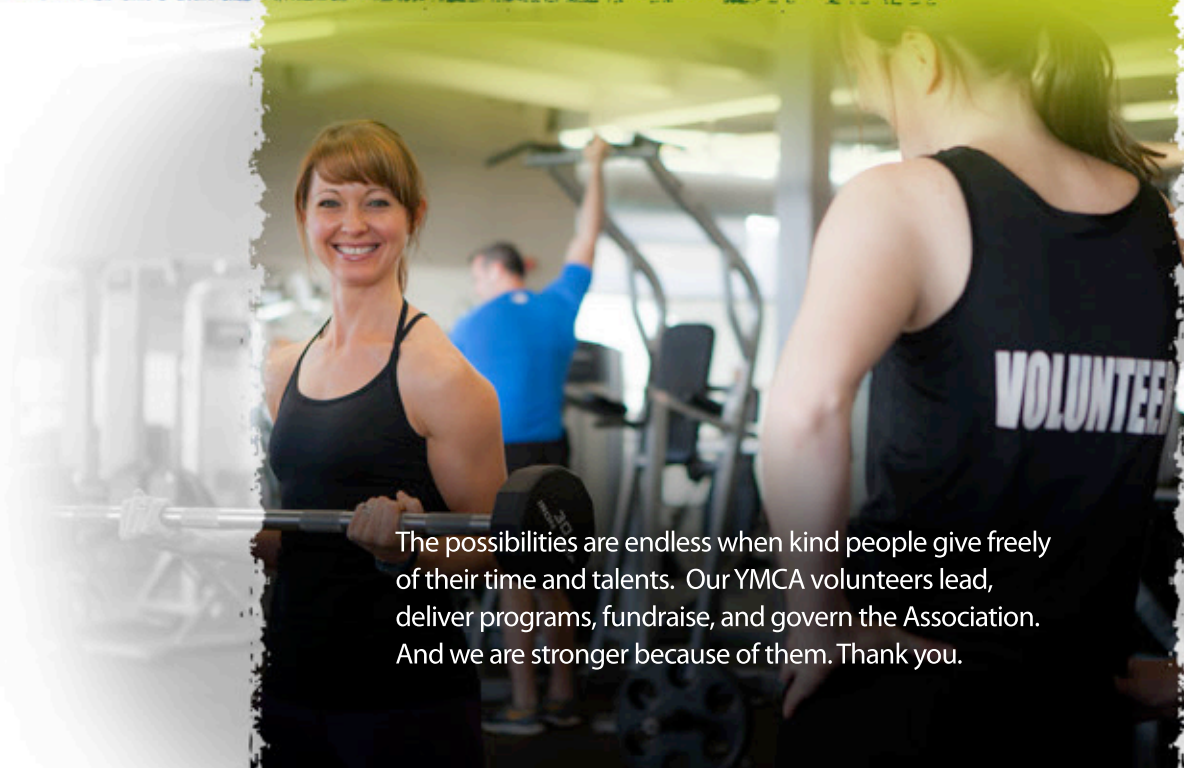
Scott Giannou  
Chair, Board of Directors

Jason Brown  
CEO



YMCA of  
Newfoundland and Labrador  
Annual Report 2014/2015

## volunteers



The possibilities are endless when kind people give freely of their time and talents. Our YMCA volunteers lead, deliver programs, fundraise, and govern the Association. And we are stronger because of them. Thank you.

- |                            |                            |
|----------------------------|----------------------------|
| Wayne <b>Amminson</b>      | Jordan <b>Dawe</b>         |
| Leslie <b>Amminson</b>     | Mark <b>Dawe</b>           |
| Claire <b>Avery</b>        | Sarah <b>Dawe</b>          |
| Kathryn <b>Banoub</b>      | Ben <b>Delaney</b>         |
| Melissa <b>Berkshire</b>   | Alison <b>d'Entremont</b>  |
| Katie <b>Bishop</b>        | Greg <b>Dickie</b>         |
| Stephen <b>Blackwood</b>   | Leah <b>Doucette</b>       |
| Emma <b>Blackwood</b>      | Julie <b>Downey</b>        |
| Dan <b>Boone</b>           | David <b>Drover</b>        |
| Andrea <b>Brocklehurst</b> | Kimberley <b>Ficken</b>    |
| Murray <b>Brown</b>        | Kevin <b>Fleming</b>       |
| Steve <b>Bruneau</b>       | Boyce <b>Fradsham</b>      |
| Janis <b>Bryne</b>         | Victoria <b>Francis</b>    |
| Sarah <b>Burton</b>        | James <b>Furneaux</b>      |
| Jerilyn <b>Burton</b>      | Scott <b>Giannou</b>       |
| Maggie <b>Butler</b>       | Paul <b>Goulart</b>        |
| Gerry <b>Carew</b>         | Karl <b>Grah</b>           |
| Rambinder <b>Cheema</b>    | Marjory <b>Green</b>       |
| Eileen <b>Collingwood</b>  | Christian <b>Greenland</b> |
| Kate <b>Connors</b>        | Megan <b>Guptill</b>       |
| Lori <b>Cook</b>           | Sydney <b>Guzwell</b>      |

Virginia **Harger-Grinling**

John **Harnett**

Jennifer **Heffernan**

Tyler **Hepditch**

Jason **Hillyard**

Scott **Howell**

Natasha **Hudson**

Brittany **Humphries**

Matthew **Johnson**

Marie **Kelly**

Diane **Keough**

Monica **King**

Gina **King**

Evan **Kipnis**

Sharmaine **Lannon**

Helen **Laracy**

Joan **MacIntosh**

Katelyn **Mayo**

Nick **Mercer**

Rielly **Mitchell**

Andrew **Moody**

Barry **Mullett**

Joshua **Murphy**

Megan **Murphy**

Sheilagh **O'Leary**

Caitlin **O'Leary**

Justine **Parsons**

Dan **Penney**

Stephen **Penney**

Paul **Porter**

Theresa **Rahal**

Keonna **Randell**

Mary **Rideout**

Mitchell **Rielly**

Kellie **Rodgers**

Craig **Rowe**

Anna **Schamper**

Natalie **Shea**

Amy **Sheppard**

Chris **Simmons**

Julie **Sinnott**

Laurie **Skinner**

Ray **Smallwood**

Sharon **Sparkes**

Lori **Squires**

Lynn **Sullivan**

Asokan **Variyath**

Sara **Verstege**

Kimberley **Vaillancourt**

Fran **Vokey**

Jennifer **Walsh**

Peter **Walsh**

Brandon **Welcher**

Emma **Wells**

Catherine **Whiffen**

Randy **White**

Sharon **Zeller**



Building healthy  
communities



YMCA of  
Newfoundland and Labrador  
Annual Report 2014/2015

## highlights



### **Penney Family and Pennecon support YMCA with generous \$500,000 donation!**

The Penney Family and Pennecon announced a donation of \$500,000 to the YMCA's Strong Families Campaign. This charitable gift will support Phase II of the campaign which aims to fund strategic plan initiatives at the Ches Penney Family Y and other locations throughout Newfoundland and Labrador.



### **The Joyce Foundation donates \$200,000 for youth leadership & YMCA program access**

The Joyce Foundation is a long-time supporter of programs for children and youth. With this generous gift, the YMCA of Newfoundland and Labrador will increase access to programs for youth facing adversity and living in financially challenging circumstances.



### **Thank you to Maersk Supply Service for \$75,000 pledged to YMCA Strong Kids Campaign**

Maersk Supply Service fulfilled its pledge commitment to help children and youth in need of financial support attend YMCA programs like summer camp, child care, swimming, and recreational sport programs. A special thank you also goes to Maersk Supply Service and its employees for their outstanding donation of time, talent, and treasure to help refurbish Camp Morristown in Foxtrap which is used by the YMCA for summer camp programs.



### **The Toy Factory joins forces with the YMCA Strong Kids program for a third year**

The Idea Factory joined forces with the YMCA Strong Kids Campaign and Young Adult Cancer Canada to hold The Toy Factory Live. These efforts have provided financial assistance to families in need so that their children could enjoy a unique, healthy YMCA summer camp experience. The Idea Factory has led the way for the past three years raising more than \$130,000 to provide over 1000 summer camp spaces. Breaking down barriers so that all children, regardless of ability or income can develop their potential strengthens our communities for everyone. Thank you to everyone involved in this remarkable event!



### **Newfoundland Charity Poker Tournament held its second annual Big Raise Charity event**

Newfoundland Charity Poker Tournament held its second annual Big Raise in January 2014 and the YMCA was grateful to be named the headline charity. Players came together, played poker, and donated all of their winnings to a charity of their choice. Since it started the tournament has donated more than \$50,000 to the YMCA to help people facing financial barriers attend YMCA programs. Thank you!



### **Thanks to Husky Energy for its generous donation to the YMCA**

Thank you to Husky Energy Inc. for its generous donation of \$50,000. This gift, presented in 2014 was used to support the ongoing education, training, and professional development of YMCA employees working in programs for children and youth in 2014 and 2015.

## Important Support for Employment and Enterprise Programs

Without the support of our funders many of our YMCA Employment and Enterprise programs could not take place. Thank you for these important contributions!



Funder for the Business Planning Program and Enterprise Olympics



Funder for Enterprise Olympics



Sponsor of Enterprise Olympics



Funder for Alternative Suspension



Funder for Alternative Suspension



## Enterprise Olympics 2015

In May the 21st Annual Enterprise Olympics was held. This competition was the final event in a series of programs that took place throughout the school year in schools all over Newfoundland and Labrador involving students from grades 4-12.

## Business Planning Program

In June YMCA Enterprise Services was pleased to be able to resume offering a Business Planning Program for aspiring entrepreneurs.



## Vital Signs Report

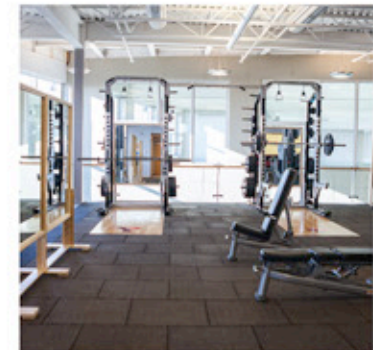
The YMCA of Newfoundland and Labrador supports the Community Foundation of Newfoundland and Labrador Vital Signs report which contains important information about our communities and helps the YMCA formulate plans to respond.

## Exciting Developments



## Expanded Coffee Matters Café

Coffee Matters Express operating at the YMCA was expanded to include more physical space and more varied options.



## New Conditioning Centre Layout

In September 2014 a planned refurbishment and new layout in the Garland Clarke Conditioning Centre was completed.





Happy Valley-Goose Bay - Concept



Marystown

### Future Development in Health, Fitness & Aquatics

This past year the YMCA of Newfoundland and Labrador signed letters of intent with Marystown and Happy Valley-Goose Bay for the development of new YMCAs in these towns. The Marystown YMCA is expected to open in early 2016. We look forward to improving lives in these municipalities and surrounding communities.



### Continued Excellence in YMCA Children's Services

For the 5<sup>th</sup> year in a row the YMCA Canada assessment of licensed child care and its *Playing to Learn* curriculum at the Ches Penney Family Y earned the program 100% - a unique achievement among Canadian YMCAs



### Expansion of School Age Child Care

A new school-age child care site opened at Mary Queen of the World in Mount Pearl. This is the third YMCA child care location now operating in the city of Mount Pearl.



### Healthy Kids Day

In June our YMCA participated in Healthy Kids Day, a free community event for families to try the YMCA! Hundreds of children and families visited our YMCA and enjoyed free swims, gym time, nutritious snacks, and prizes.



opportunities  
to give

## Capital Donors – Phase II

Phase II of the YMCA's Capital Campaign will give the YMCA the capacity to re-invest in programs and services to continue its legacy of inspiring personal growth and improving the quality of life for families and individuals. Gifts will help fund strategic plan initiatives at the Ches Penney Family Y and other locations throughout Newfoundland and Labrador.



## Strong Families Campaign

### Community Builders

Penney Family & Pennecon

Elinor Gill Ratcliffe,  
C.M., O.N.L., LLD (hc)

### Major Gift Donors

KMK Capital

### Leadership Donors

Baine Johnston

KPMG

Weatherford

### Inner Family Donors

Jason **Brown**, Deborah **Wearn**,  
and Family

Gregory W. **Dickie** & Glenda **Best**

Kevin **Fleming**

Scott & Judy **Giannou**

Marjory **Green**

Jason **Hillyard**

Scott **Howell**

Evan **Kipnis**

Michelle **Northover**

Steve **Penney**

Craig & Heather **Rowe**

Laurie **Skinner**

## Annual Campaign Donors

Donors to the annual campaign provide possibility and potential for others to live healthier lives. Thank you for the belief in the work of the YMCA as demonstrated by your generous gifts.

### Major Gifts (\$5,000 - \$99,999)

Canadian Tire Jumpstart  
Gordan Butler Estate  
Husky Energy  
The Joyce Foundation  
Maersk Supply Service  
The Idea Factory

### Chair's Round Table (\$1,000 - \$4,999)

Baine Johnston Corp.  
Sophie and Chloe Basha  
Jason Brown, Deborah  
Wearn, & Family  
Browning Harvey  
Cal LeGrow Insurance  
Trevor Clarke  
Cox & Palmer  
Deloitte  
The Discovery Centre  
Epic Consulting  
Scott & Judy Giannou  
Grant Thornton  
Chris Howlett  
JWR Homes  
KPMG  
Miranda Management Inc.

### Newfoundland and Labrador Liquor Corp.

Michelle Northover  
Pennecon Energy  
Dan Penney  
Power's Building Supplies  
Provincial Air  
Radiant 360 Solutions  
RBC  
Ridout & Maybee  
Skyhawk Telematics  
Ron Taylor  
Toyota Plaza  
Vinland Resources  
Lynn & Jo Mark Zurel

### Leadership Gifts (\$500 - \$999)

AON Reed Stenhouse Inc.  
Atlantic Lottery Corp.  
Coast 101.1 FM  
Cougar Helicopters  
Crosbie Group  
Currie Management  
Ernst & Young  
Fougere Menchenton Architects  
Keith Frampton  
Freedom Foods Ltd.  
G J Cahill & Co. Ltd.  
Shawn Hagerty



pledges  
& gifts



# your generosity is appreciated

Every effort is made to ensure this list is accurate and that every person who has generously given to the YMCA is recognized.

Please contact us if there are any errors or omissions so that we can update our records at [info@ymcanl.com](mailto:info@ymcanl.com) or call 709-726-YMCA (9622) ext.240



Jason **Hillyard**  
**KeyCorp**  
Michelle & Fabian **Lambert & Family**  
**Newfoundland Broadcasting Company**  
Valerie D. **Northover**  
Steve **O'Reilly**  
**Parsons Engineering Group**  
Lisa **Sheppard** & Chris **Peddle**  
**Prime Time Sales**  
**Prince of Wales Collegiate**  
**Print Shop Ltd.**  
Greg **Roberts**  
**Roebothan, McKay & Marshall**  
**Running Room**  
Scotia **McLeod**  
**Signature Living (Kenny's Pond)**  
**Management**  
Laurie **Skinner**  
Debbie **Squires**  
**St. John's IceCaps**  
**Starlite Electric**  
David **Steele**  
Stewart **McKelvey**  
Swagger **Promotions**  
Rob **Thomas**  
**VOCM (Steele Communications)**  
**Wedgwood Insurance**  
**York Developments**

## Individual Donors (up to \$499)

Selena **Abbott**  
Sharon **Andrews**  
**Antenna Social Media & Design**  
**Atlantic Spirits and Wines Ltd.**  
Stuart **Baird**  
Krisztina **Bajzak**

Donna **Barrett**  
Dick **Barter**  
Bill **Bavis**  
Tommy **Beer**  
Tonya **Belbin**  
**Big Time Motion Media**  
**Blue Sky Promotions**  
Gillian **Boone**  
Krista **Boone**  
Jake **Knox**  
Kevin **Breen**  
Juanita C. **Brown**  
Jean & Angus **Bruneau**  
Sharee **Burry**  
Johnny **Burton**  
Margaret **Butt**  
John **Cadigan**  
Kelli **Rodgers** & Gerry **Carew**  
Brad **Carrol**  
Geraldine & Murray **Chaplin**  
Lucas **Cheeseman**  
**CIBC World Markets Inc.**  
**City Star Holdings Inc.**  
Kenny **Clarke**  
**Clear Choice Accounting**  
**& Recruiting Ltd.**  
Thomas **Clift**  
**Clovelly Golf Course**  
**Cohen's**  
Joyce **Coles**  
Nick **Collingwood**  
Anna **Cook**  
Denise **Cornick**  
Paul **Coxworthy**  
Allison **Crawford**  
**Dallas Mercer Consulting**  
Line & Paddy **Daly**  
Eric **Davidson**  
Ronald **Day**

**DC Design House**  
Tibor **Deval**  
Kelly **Doane**  
Ethel **Dobbin**  
Genevieve **Doyle**  
Jessica **Doyle**  
Alison **Drover**  
Douglas **Dugid**  
Patrick **Dunn**  
**East Link**  
Fraser **Eaton**  
Geoff **Eaton**  
**EC Boone**  
Chelsey **Edwards**  
Heather **Edwards**  
Darrell **Ellis**  
**EMCO**  
Sheri **Ennis**  
Lori **Evans**  
Jody **Evoy**  
Doug **Facey**  
Tim **Fahey**  
Bob **Fearon**  
Kimberley **Ficken**  
Five Star **Delivery**  
Hazel **Ford**  
Darren **Fowler**  
Twyla **Fradsham**  
Victoria **Francis**  
Steve **French**  
James **Furneaux**  
Elissa **Garrett**  
Cassandra **Gibbons**  
Glen **Gibling**  
Paul **Goulart** & Genevieve  
**Bulgin**  
Brittany **Grandy**  
Marjory **Green** & Family  
Julie **Greene**

Agatha **Greenland**  
Christian **Greenland**  
**Grenfell Business Solutions**  
Jessica **Haines**  
Ashlynn **Hanrahan**  
Tina **Harding**  
Scott **Harris**  
**Harris Ryan Chartered Accountants**  
**Hickman Automotive Group**  
Alice **Hietala**  
Kayla **Holloway**  
Xi **Hong**  
Sharon **Horan**  
Scott **Howell**  
Ellissa & Robert **Hull** & Family  
Rhonda **Hutton**  
Evan **Johnson**  
**Johnson Insurance Inc.**  
Crystal **Kanazawa**  
Bruce **Kelloway**  
Richard **Kelly**  
Robert **Kennedy**  
Heather **King**  
Janet & Blair **King** & Family  
Jeff **King**  
Laura **King**  
Evan **Kipnis**  
Greg **Kirby**  
Kara **Laing**  
Mike **Landers**  
Michael **LeMoine**  
Blair **Leonard**  
**The Royal Life Saving Society Canada, NL**  
Greg **London**  
Jeff **MacDonald**

Dennis **Maher**  
John **Mahoney**  
Racheal **Malone**  
Vik **Malone**  
Andrew **Marshall**  
Beth **McGrath**  
Dawn **McGrath**  
Tom **McGrath**  
John **McLean**  
Stephanie **Miller**  
Judy & Doug **Moody**  
**Mount Pearl Senior High**  
**Newlife Hearing Health Centre**  
Maire **Niloideain**  
Debbie **Northover**  
Heather **Northover**  
Chelsea **O'Keefe**  
Jennifer **O'Keefe**  
Scott **Oldford**  
Kevin **Osborne**  
Jim & Jill **Osmond**  
**Outfront Media**  
Christa **Pack**  
Valerie & Dave **Parmenter**  
Karen **Parsons**  
Chelsey **Paterson**  
Jessica **Peckham**  
Chris **Peddigrew**  
Allison **Pennell**  
Ronald **Penney**  
Rebecca **Penton**  
**Perfect Day Limited**  
**P.F. Collins Customs Broker Ltd.**  
Susan **Pike**  
Val **Pike**  
Kayla **Pittman**  
Christopher **Power**  
Steve **Power**  
**ProVision Optical**

Shaorong (Becky) **Qiang**  
Joan **Randell**  
Keonna **Randell**  
Deborah **Rehner**  
Devon **Reid**  
Margot **Reid**  
**Renaissance Investments**  
**Ricoh Canada Inc.**  
Mary **Rideout**  
Tina **Riggs Dawe**  
Roccom **Consulting**  
Matthew **Russell**  
Madeline **Saulnier**  
Shawn **Searle**  
**SEB Electrical**  
Kathleen **Shanahan**  
Daniel **Shea**  
Brandon **Simmons**  
Art **Singleton**  
Crystal **Smith**  
Tobi **Smith**  
Chris **Sparkes**  
Hannah **Sparkes**  
Kim **Sparkes**  
Michael **Sparrow**  
Lori **Squires**  
Sherry **Squires**  
**St. John's International Airport Authority**  
Robyn **Stacey**  
Paul **Stanford**  
Todd **Stanley**  
Michelle **Stone**  
**Subsea 7 Canada Inc.**  
Lynn **Sullivan**  
Melissa **Sullivan**  
Olga A.V. **Sullivan**  
Pamela **Tanner**  
Nancy **Taylor**

Steven **Taylor**  
**The Paint Shop**  
Naomi **Tracey**  
Brian **Vallis**  
Kelley **Vanderklugt**  
Frances & Keith **Vokey** & Family  
Lesley **Walsh**  
Margot **Walsh**  
Jessica **Waye**  
Kirk **Wells**  
Jordan **Wheeler**  
Christopher **White**  
Kathleen **White**  
Sandy **White**  
Shawn **Whitten**  
Cathy **Williams**  
Denise **Williams**  
Krista **Williams**  
Holly **Winsor**  
Kristen **Winter**  
Kay **Woodford**  
Tim **Woodford**  
Vic & Eileen **Young**  
Rod **Zdebiak**  
Ecke **Zuschlag**

### **Gifts Made in Kind:**

**Sally Ledrew**  
**Photography**  
**Sew Many Stitches**

### **Gifts Made in Memory of:**

Verna **Horan**  
Rueben **Squires**

YMCA of Northeast Avalon Inc.  
 Operating as YMCA of  
 Newfoundland and Labrador

Summary of audited  
**financial  
 statements**

**Consolidated Statement of Operations as at 31 August, 2015**

	<b>2015</b>	<b>2014</b>
<b>Revenue</b>	5,480,504	5,378,079
Expenses	4,265,403	4,192,025
<b>Net Before Interest and Amortization</b>	<b>1,215,101</b>	<b>1,186,054</b>
Interest on Long Term Debt	568,053	570,158
<b>Net Before Amortization</b>	<b>647,048</b>	<b>615,896</b>
Amortization	708,157	723,185

**Consolidated Statement of Financial Position as at 31 August, 2015**

	<b>2015</b>	<b>2014</b>
<b>Assets</b>		
Current Assets	261,362	89,683
Property, plant, and equipment	16,330,207	16,815,002
<b>Total Assets</b>	<b>16,591,569</b>	<b>16,904,685</b>
<b>Liabilities</b>		
Current Liabilities	1,190,793	1,070,699
Deferred Revenue - Building Capital Fund	6,966,190	7,170,989
Long-term portion of capital lease and long term debt	8,510,794	8,678,100
<b>Total Liabilities</b>	<b>16,667,777</b>	<b>16,919,788</b>
<b>Fund Balances</b>		
Unappropriated Surplus	-76,210	-15,101
<b>Total Fund Balances</b>	<b>-76,210</b>	<b>-15,101</b>
<b>Total Liabilities and Fund Balances</b>	<b>16,591,569</b>	<b>16,904,685</b>

Complete audited statements are available for review by appointment in the office of the CFO.

# map of newfoundland & labrador



## YMCA of Newfoundland and Labrador



-  **St. John's**  
Health, Fitness and Aquatics
-  **Marystown**  
Health, Fitness and Aquatics  
(Opening early 2016)
-  **Happy Valley-Goose Bay**  
Health, Fitness and Aquatics  
(Future Development)

● Program Delivery Sites

## YMCA of Exploits Valley

-  **Grand Falls-Windsor**  
Health, Fitness and Aquatics

## YMCA of Western Newfoundland

-  **Corner Brook**  
Health, Fitness and Aquatics
-  **Bay St. George/Stephenville**  
Health, Fitness and Aquatics

● Program Delivery Sites



**YMCA of  
Newfoundland and Labrador**



P.O. Box 21291  
St. John's, NL A1A 5G6  
CRA #108225533RR0001

[www.ymcanl.com](http://www.ymcanl.com)

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**Our Mission**

The YMCA is a charity that provides opportunities for all to grow in spirit, mind and body.

**Our Vision**

The YMCA will be a leading charity providing access to all in health programs, child care, employment and camp programs.

**Our Values**

Caring, Honesty, Respect, Health, Responsibility, and Inclusiveness

**Employment and Enterprise Services**

Ches Penney Family Y  
35 Ridge Road, P.O. Box 21291  
St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622)  
Fax: (709) 576-0410

**Health, Fitness and Aquatics Membership**

Ches Penney Family Y  
35 Ridge Road, P.O. Box 21291  
St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622)  
Fax: (709) 576-0410

Marystown YMCA  
255-263 McGettigan Boulevard  
Marystown, NL A0E 2M0  
Tel: (709) 279-YMCA (9622)  
Fax: (709) 279-0587

**Corporate Office**

35 Ridge Road  
P.O. Box 21291  
St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622)  
Fax: (709) 576-0410

**Camp Programs**

Ches Penney Family Y,  
Foxtrap, and Ecole des Grands Vents

**Children's Services**

Ches Penney Family Y  
35 Ridge Road.  
P.O. Box 21291  
St. John's, NL A1A 5G6  
Tel: (709) 754-2962  
Fax: (709) 576-7763

St. Georges Elementary  
Mary Queen of Peace Elementary  
Mary Queen of the World Parish Hall  
Vanier Elementary  
Roncalli Elementary  
St. Andrew's Elementary  
St. Teresa's Elementary  
Bishop Feild Elementary  
Holy Trinity Elementary  
St. Peter's Elementary  
St. Matthew's Elementary  
Newtown Elementary  
Paradise Elementary  
Elizabeth Park Elementary  
Cowan Heights Elementary  
Ches Penney Family Y