YMCA of Newfoundland and Labrador



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Construction of the Town's new Labrador Wellness Centre, to be known as the Central Labrador YMCA, is almost at substantial completion and the design-builder will hand over the keys to the Town of Happy Valley-Goose Bay soon. The YMCA of Newfoundland and Labrador will then work with the Town to complete commissioning and training to ensure all systems are functioning as designed and that any deficiencies are corrected. The YMCA will then spend about 10 - 12 weeks furnishing and equipping the building, hiring and training staff, and getting all the required licenses and insurance in place.

In accordance with Newfoundland and Labrador Public Health Guidelines, there will be COVID-19 compliance measures and limited capacities in effect when the new Central Labrador YMCA opens.

Once open, in addition to members, we will be ready to serve as priority groups the Mantas Swim Team, the Judo Club, the Gymnastics Club. The aquatics centre, gymnastics room, and judo room are purpose-built spaces for these groups. Other groups will follow as program schedules are finalized for fall.

Central Labrador YMCA General Manager Carolyn Tyner is on-site working to accept deliveries of equipment and supplies, preparing the spaces for activities, and preparing to hire her team.

Here's what's happening:

- Some recreation equipment (such as volleyball and badminton) has arrived
- Toys for Child Minding have been ordered as well as an inflatable bouncer for use in our indoor playground and birthday party rentals
- > The climbing wall installation is delayed but we're hopeful it wont' be for long
- The pools are being filled, tested, drained, and cleaned in preparation for the final fill up before licensing inspection and staff hiring and training
- > The regulated child care centre continues to be prepared for a tentative fall opening
- The turf area and rubberized flooring has been installed; equipment for the Family Wellness Centre has arrived, is being tested, and set-up. Items include:
 - a variety of sectorized equipment (tricep/bicep dip, rear delt pec fly, chest/shoulder press, diverging seated row, lat pull down, leg curl / press / extension)
 - cardio equipment (treadmills, ellipticals, climbmills, bikes
 - Concept 2 RowErg
 - adaptive equipment
 - functional trainers
 - multi half racks / free weights / benches

We remain hopeful for a late spring opening; however, COVID-19 guidelines and supply restrictions may impact the timeline. Stay tuned for details on how you can join the YMCA and become a member, register for child care or day camp, or attend employment, enterprise, and newcomer programs.

General Information: <u>www.ymcanl.com</u>

Campaign Information: <u>www.strengtheningourcommunities.ca</u>

Job opportunities – Central Labrador YMCA: https://ymcanl.com/careers/

