



**PUBLIC ANNOUNCEMENT JUNE 30, 2021  
CENTRAL LABRADOR YMCA OPENING SOON**

The Central Labrador YMCA staff team is working toward opening as early as sometime the week of 5 July, 2021. There are still some government inspection and licensing items required. Opening day will be announced as soon as possible. Thank you to the nearly 1,000 people who were able to attend a tour last week.

In accordance with Newfoundland and Labrador Public Health Guidelines, there will be COVID-19 compliance measures and limited capacities in effect when the new Central Labrador YMCA opens.

Once open, people in the community will be able to join with all-inclusive memberships which include swim lessons, child and youth programs, unlimited fitness classes, and access to the aquatics centre, indoor walking/running track, family wellness centre, and gymnasium. Member programs will be added as membership grows and the volunteer base expands. There will also be summer day camps, and, later on, a youth centre, regulated child care centre, and employment, enterprise, and newcomer programs.

We will also be ready to serve as priority groups the Mantas Swim Team, the Judo Club, the Gymnastics Club. The aquatics centre, gymnastics room, and judo room are purpose-built spaces that were the result of the Town's pre-construction consultations. Meetings will be set later in July for leaders of other groups to explore usage options for as many as possible in fall program schedules.

Central Labrador YMCA General Manager Carolyn Tyner and her staff team are on-site training, setting up the spaces for activities, and preparing to open.

Here's what's happening:

- Most program supplies, equipment, and furniture has been delivered
- The climbing wall installation is delayed but we're hopeful it won't be for long
- The pools are ready to be inspected for licensing
- The regulated child care centre continues to be prepared for a tentative fall opening
- Equipment for the Family Wellness Centre has arrived and is set-up. Items include:
  - a variety of sectorized equipment (tricep/bicep dip, rear delt pec fly, chest/shoulder press, low row, lat pull down, leg curl / press / extension), and functional trainers
  - treadmills, ellipticals, recumbent bikes, upright bikes, and group cycle bikes
  - climbmills, rower, and adaptive equipment
  - multi half racks, free weights, and benches

Here are some details on how you can join the YMCA and become a member, join our staff team, register for child care or day camp, or attend employment enterprise and newcomer programs.

Information:

[www.ymcanl.com](http://www.ymcanl.com)

[www.ymcanl.com/labrador/central-labrador-ymca/join-now/](http://www.ymcanl.com/labrador/central-labrador-ymca/join-now/)

[www.strengtheningourcommunities.ca](http://www.strengtheningourcommunities.ca)



## FAQ 30 JUNE, 2021 – CENTRAL LABRADOR YMCA

*Q. When will the facility open?*

A. There are still some inspections and deficiencies to be concluded. It is anticipated a phased opening can begin as early as the week of 5 July, 2021. Opening day will be announced as soon as possible.

*Q. Do I have to be a member to participate in health, fitness, and aquatics programs at the YMCA?*

A. All-inclusive membership is one way for all community members to participate, and it is often the most cost efficient and flexible. People may also choose to purchase a day pass or attend a user group.

*Q. What user groups are able to use the facility?*

A. Priority groups are the Manta Swim Team, the Judo Club, and the Gymnastics Club. The Town had the facility constructed and included purpose-built space with these groups in mind. We are also open to talking with as many additional groups as possible. Groups just need to send an email to [carolyn.tyner@nl.ymca.ca](mailto:carolyn.tyner@nl.ymca.ca) to identify themselves and meetings will be set for later in July. User groups will need to sign a rental agreement, pay a rental fee, have insurance, have safety policies, and in many cases have certified coaches and be a part of their respective provincial sports association. We need to balance the number and schedule of user groups with all of the other people who are participating as members, day pass users, youth centre users, regulated child care families, day camp participants, and employment enterprise and newcomer program participants. It may also become apparent that some user group programs are better suited to be on the YMCA program schedule.

*Q. When will the regulated child care centre open?*

A. We have submitted the appropriate applications to the provincial government and will follow the capacity application and licensing process, we hope to open the child care centre in the fall of 2021.

*Q. Will the Central Labrador YMCA operate just like to old Provincial Training Centre?*

A. No. Over the seven-year process to fund, construct, and open the Labrador Wellness Centre with the YMCA of Newfoundland and Labrador as operator, the Town identified the Provincial Training Centre was beyond its useful life and people were looking for a new centre of community. While some elements will be similar, the Central Labrador YMCA is in a brand-new \$30 million building designed to offer high quality experiences to as wide an audience as possible. The province subsidized the operation of the Training Centre and, while the Town does provide an operating grant to YMCA NL, there is a higher expectation to offset operating costs by generating revenue.

Information:

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[www.ymcanl.com/labrador/central-labrador-ymca/join-now/](http://www.ymcanl.com/labrador/central-labrador-ymca/join-now/)

[www.strengtheningourcommunities.ca](http://www.strengtheningourcommunities.ca)