



WELCOME GUIDE Happy Valley-Goose Bay Newfoundland & Labrador, Canada



This Welcome Guide has been created by the WelcomeNL-HVGB Project

The goal of WelcomeNL is to build capacity in communities and to welcome and retain immigrants and newcomers across the province of Newfoundland & Labrador.

This Guide will help provide information to travelers, newcomers, immigrants and Tourists to help provide a snapshot of services in our community
We are glad you are here. Welcome.
ENJOY!!!



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HAPPY VALLEY-GOOSE BAY COMMUNITY

A Snapshot of “The BIG LAND” (Labrador is called The Big Land because of its vast size, natural resources, and natural beauty.)

- **Community Snapshot—Welcome to Central Labrador**
- **Our Community—Quality of Life**
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- **Festivals & Special Events**
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Interesting Fact:
Happy Valley-Goose Bay
became an incorporated
town in 1955

Helpful Word Abbreviations:

HVGB= Happy Valley-Goose Bay

HRR= Hamilton River Road (Main Road)

FB= Facebook

FYI= For Your Information

SSS= Sheshatshiu (Innu Reserve)

LGH= Labrador Grenfell Health (our local hospital)



WELCOME TO CENTRAL LABRADOR

A Quick Snapshot...

The Happy Valley-Goose Bay Welcome Guide is a community information guide for the community of Happy Valley-Goose Bay and surrounding areas. The purpose of this guide is to provide a quick "snapshot" of our community and all we have to offer.



Whether you are a visitor to our community and wanting to explore THE BIG LAND, or a Newcomer resident, this resource guide will help you navigate the community and provide quick and easy answers to information you may be seeking.

This guide is also helpful if you are here as a temporary resident, a temporary foreign worker, an international student, a refugee or are just thinking about moving here from another province or country. Learning about Happy Valley-Goose Bay will help make your transition a little bit easier.



FYI:
The Labrador Flag

We are glad that you are here, and hope you find Happy Valley-Goose Bay a welcoming, happy, healthy community. Welcome!

Quick glance:

- Hospital, Dental Clinics, Chiropractor, Visiting Specialists
- Primary, Elementary, High School, & Post Secondary Institutions
- Short Commute to all services
- Government Departments/ Agencies
- High level fitness and recreational facilities/infrastructure
- Playgrounds
- Thriving Arts Community
- Year round road and air access
- Library
- Churches/Places of Worship
- Walking, biking, snowmobile, all terrain vehicle trail networks
- Veterinarian Services
- Selection of grocery, retail and convenience stores





OUR COMMUNITY. Quality of Life

Our Name: **Happy Valley-Goose Bay, Labrador**

Our municipality is called Happy Valley-Goose Bay or HVGB for short. Happy Valley-Goose Bay is the largest community in the region of Lake Melville.



FYI:
Town Logo

Lake Melville consists of the following communities:

Happy Valley-Goose Bay

North West River (The oldest community in Lake Melville) **Route 520**

Sheshatshiu (Innu Reserve) **Route 520**

and a little village called **Mud Lake** (*only accessible by boat/snowmobile seasonally*)

Labrador is connected to the Island by ferry Blanc Sablon (Que), to Saint Barbe (NL) Que Route 138 into NL **Route 510**

Route 510 Happy Valley-Goose Bay to L'Anse-au-Clair

Route 500 Trans Labrador Highway (TLH) Happy Valley-Goose Bay to Labrador City.

Satellite phones are available as there is NO CELL SERVICE. You can borrow a Satellite phone at the local RCMP detachment or various hotels if you are travelling the highway (s).

Happy Valley-Goose Bay is located in Central Labrador. We are considered "The Hub" for all communities both north and south in Labrador. Happy Valley-Goose Bay is the most multicultural community in our region!

Please visit our local Town of Happy Valley-Goose Bay web site at <http://www.happyvalley-goosebay.com> or call 896-3321 for more information and services related to the Town of Happy Valley-Goose Bay.

Town of Happy Valley-Goose Bay services include:

- Roads & Grounds
- Quality Water Supply
- Community Economic Development
- Sewage Treatment Plant
- Weekly Garbage Collection
- Spring/Fall Cleanup
- Recreational/Sport Facilities
- Playgrounds
- Special Events



Labrador Weather

The weather in Happy Valley-Goose Bay and surrounding area is a unique mix of micro-climates. We experience all four seasons: Summer, Winter, Spring & Fall.



Summer:

Is usually hot, dry and extremely bright with long days. We have a short, summer season but is ideal for gardening, and fun outdoor activities. There are A LOT of bugs such as mosquitos, black flies, stouts, and many more. BE WARNED, it can become overwhelming (FYI-Bug spray is a MUST)

Winter: Cold & Dry

Happy Valley-Goose Bay has long, cold winters with heavy snowfalls, high winds, freezing rain and cold temperatures. Our winter months can last up to, and over 6mths in length. It can get extremely cold, but the sun mostly shines, and the big Labrador sky makes up for the long winter days.

To keep safe and warm during the winter, it is important to remember:

- Be prepared for all types of winter weather.
- Consider a jacket with a hood that can keep your head dry. You will also want to wear a hat and gloves to keep your head and hands warm.
- Wear several layers of clothes to keep your body heat in.
- If you will be driving during the winter, make sure to get winter tires on your car.
- It is always a good idea to have an emergency kit in your car that includes a flashlight, a shovel, a blanket and booster cables especially if you are driving long distances.
- Due to cold temperatures, please ensure your vehicle has the capacity to be plugged in overnight or it may not start.

Spring: Temperatures start to warm up around March/April each year. Days get longer, warmer and brighter. However, be prepared for spring storms which could include wind, rain, sleet (a mixture of snow and rain), and sudden snow storms.

Fall: Days get shorter quickly and you will definitely feel a drop in temperature. It becomes cooler during the days and the evenings will feel a lot colder (This is when you may want to start to wear gloves or hats.)

For more information about local weather, please visit

<https://weather.gc.ca>

Search: Happy Valley-Goose Bay

Or visit: www.weathernetwork.com/ca





Population

According to the last census, the community of Happy Valley-Goose Bay has approximately 8200 residents. These residents are of mixed cultures and backgrounds.

Our region has three distinct local cultures and histories:

***Inuit-traditional nomadic northern ancestry;
Innu-traditional nomadic land bearing ancestry,
Mixed Settlers- traditional mix of either Inuit, Innu or settler ancestry.
(The term Settler refers to a mixed cultural background)***

Happy Valley-Goose Bay has a deep history in welcoming people to the community. For more information about the Town of Happy Valley-Goose Bay and its services, please visit the Town website at: happyvalley-goosebay.com or call 709-896-3321.

5 Wing Goose Bay

5 Wing is located at Canadian Forces Base Goose Bay. 5 Wing Goose Bay is a vibrant base that conducts and supports a wide variety of operations including both joint and combined training. Located in Labrador, on the northeast coast of Canada, its strategic location helps the Canadian Armed Forces and the North American Aerospace Defense Command (NORAD) to protect North American airspace.



History

The Creation of 5 Wing Goose Bay was in 1941. Canada and the United States built an airfield on the present site for anti-submarine patrol aircraft and staging aircraft to Britain. The site was selected because of the excellent flying weather, ease of construction, accessibility by sea during the summer months and its strategic location. The role of 5 Wing Goose Bay has changed dramatically in the past few years, moving from a small station supporting a Long Range Radar site to a medium-sized base sustaining multinational flying operations and hosting a wide array of many international guests, both military and civilian. 5 Wing's operational mandate is currently in transition.

Information provided by: www.rcaf-arc.forces.gc.ca/en/5-wing/index.page

Safety Services

EMERGENCY: 911
RCMP: 709-896-3383
Fire: 709-896-2222
Ambulance: 709-896-2100 or 911
Municipal Enforcement Department: (709)-896-3322
Mental Health & Addictions Team (Hospital):
709-897-2343
Mental Health Crisis Line: 1-888-737-4668 (toll free)
Sexual Assault Crisis Line: 1-800-726-2743 (toll free)
Emergency Shelter: 709-896-2389 (day) 896-6061 (evening)
Town Animal Control: 709-896-7132
Ground Search & Rescue: call local RCMP or 911
Forestry & Wildlife: 709-896-3405
Coast Guard: 709-896-5817
Food Bank: 709-896-8302
SPCA: 709-896-7387



Libra House (Women's Family Shelter):
Phone #: 709-896-8022, Crisis Line: 709-896-3014
FB: Libra House
E-mail: librahouse@nf.aibn.com
Website: www.librahouse.ca/en/



Mokami Statues of Women: MSWC is a frontline service organization that works to empower women to help themselves, their families and their communities to build safer and healthier lifestyles.
Phone #: 709-896-3484 ext: 205
E-mail: service@mokamiwomen.ca
Twitter: MSWC_HVGB
FB: Mokami Women
Website: mokamiwomen.ca

Violence Prevention Labrador:
Address: 114 Hamilton River Road
Phone: 709-899-3231
E-mail: coordinator@vplabrador.ca
FB: Violence Prevention Labrador

 **Report a Wildfire:**
1-866-709-FIRE (3473)

The Town of Happy Valley-Goose Bay and surrounding communities have an **EMERGENCY BROADCAST SYSTEM:**
UPPER LAKE MELVILLE EMERGENCY ALERT SYSTEM
This system is the quickest and most reliable way to receive information in the event of an emergency! Please contact the Town office at 896-3321 or visit the website at:
www.happyvalley-goosebay.com for more information.





Frequently asked QUESTIONS...

Taxi Services-Transportation

Happy Valley-Goose Bay does not have a public transportation system. However we

Cooney's Cabs: (709)-896-3311

Lab Cabs: Part time operational (709)-896-2929



Local Grocery Stores



The North Mart:

Address: 90 Hamilton River Road
Phone: (709)-896-2921
website: www.northmart.ca

Uncle Ern's Meats & Treats

Address: 362 Hamilton River Road
Phone: (709)-896-2487

The Terrington Coop:

Address: 381 Banshee BLVD (Base)
Phone: (709)-896-8243

The Canex:

Address: 1 Abbott (on the base)
Phone: (709)-896-5737

Plus a large variety of convenience stores located throughout the community.

Financial Institutes

Royal Bank of Canada (RBC):

Address: 36 Grenfell St, Happy Valley-Goose Bay
Phone: (709) 896-6510



Scotia Bank:

Address: 45 Grenfell St, Happy Valley-Goose Bay, NL A0P 1E0
Phone: (709) 897-3000

Eagle River Credit Union:

Address: 328 Hamilton River Rd, Happy Valley-Goose Bay, NL A0P 1E0
Phone: (709) 896-8352

Bank of Montreal (BMO):

Address: 215 Hamilton River Rd, Happy-Valley Goose Bay, NL A0P 1E0
Phone: (709) 896-4411

Citi Financial:

Address: 176-A Hamilton River Rd, Happy Valley-Goose Bay
Phone: (709) 896-3344
Website: www.fairstone.ca/contact

Frequently asked QUESTIONS cont...

HOUSING/RENTAL UNITS/APARTMENTS

Where do I find apartments to rent, or places to live?

Happy Valley-Goose Bay has a couple of FB pages called
1. **Labrador Rentals**

2. **~House/Apartment rentals in Goose Bay~**

These sites provides a list of housing/rental options available in the community.



Local churches may also be able to provide some information on housing/rental options. If you are looking to buy a home there are a number of real estate agencies:

Royal LePage Turner Realty; FB Royal LePage Turner Realty 2014 Inc.
Happy Valley-Goose Bay

Century 21 Big Land Realty Limited-Goose Bay (FB page)

Re/Max Labcentral Realty (FB page)

Our Local Business Sector: BIGGER & BETTER

There are many small business in town that cater to the needs and wants of our community and its citizens. There are numerous stores, restaurants, pubs and private small homegrown businesses that make Happy Valley Goose Bay a unique place to visit and call home.

For more information about local businesses/restaurants
Google:

Local Business Happy Valley-Goose Bay

Restaurants Happy Valley-Goose Bay



Postal Offices: (Two Locations):

1. **Canada Post Station B:**
Address: 44 Grenfell St, Happy Valley Goose Bay A0P 1E0
Phone: (709) 896-2844
2. **Canada Post Station C:**
396 Hamilton River Rd, Happy Valley-Goose Bay, NL A0P 1C0

Couriers:

Fed Ex:

Address: 4 Toronto Ave Happy Valley-Goose Bay, NL

Phone: (709) 896-5858





Frequently asked QUESTIONS cont...

Air & Marine Transportation

Goose Bay Airport:

Address: Dakota Dr, Happy Valley-Goose Bay

Phone: (709) 896-5445

Travel Code for Goose Bay Airport: YYR

Innu Mikun/Provincial Airlines: www.palairlines.ca

Air Canada: www.aircanada.com

Air Borealis: www.airborealis.ca

Labrador Marine South & North Coast travel via boat

Google: Labrador Marine

Website: lmsi.woodwardgroup.ca

Local Pharmacies Happy Valley-Goose Bay

WARR'S PHARMACY LTD.

Address: 93 Hamilton River Rd

Phone: (709)-896-2963

GUARDIAN HAMILTON DRUGS

Address: 364 Hamilton River Rd

Phone: (709)-896-8418



Veterinary Services

Valley Veterinary Clinic:

Address: 394 Hamilton River Road

Phone: 709-896-2627

Website: www.valleyvetnl.com



Arcturus Movie Theatre: **Search FB Arcturus Theatre**

Newfoundland & Labrador Liquor Store:

Address: 2 Tenth Street

Phone: (709) 896-4012



Places of Worship

Bethel Pentecostal Tabernacle Church HVGB:
Address: 250 Hamilton River Rd
Phone #: 709-896-2156
E-Mail: pentecostaltabernacle@nf.aibn.vom
FB: @bethelhvgb



United Church:
Address: 114 Hamilton River Road Happy Valley-Goose Bay
Phone: 709-896-5991

Catholic Church:
Address: 150 Hamilton River Road Happy Valley-Goose Bay
Phone: 709-896-3485

The Salvation Army Happy Valley-Goose Bay:
Address: 39 Churchill Street
Phone #: 709-896-2756
FB: The Salvation Army Happy Valley-Goose Bay

St. Andrews Anglican Church:
Address: 47 Grenfell Street
Phone #: 709-896-3350
E-mail: parishoflakemelville@gmail.com
FB: St.Andrew's Church, Happy Valley-Goose Bay

Northern Cross Community Church Happy Valley-Goose Bay
Address: 400 Kelland Drive, Happy Valley-Goose Bay
Phone #: 709-896-5968
FB: @northerncrosschurch

Baptist Church:
Address: Happy Valley-Goose Bay
Phone #: 709-899-4131

Moravian Church:
Address: Hamilton River Road Happy Valley-Goose Bay
Phone: 709-896-3119



TRIP ADVISOR: Visit Top 10 Things to do in Happy Valley-Goose Bay





Recreation & Sport

For any information related to sport and recreation, call Community Services & Recreation Director Town of HVGB
Phone: (709)-896-8542
Website: www.happyvalley-goosebay.com
E-mail: dircsr@townhvgb.com
Town interactive map: <https://arcg.is/0qvWLL>

There are also a variety of recreational and sporting activities that take place throughout the community which are run separately from The Town of Happy Valley-Goose Bay Community Services & Recreation Department.

Community Recreational Activity Contacts

Birch Brook Cross Country Ski Club/trail system:

www.birchbrook.ca
e-mail: info@birchbrook.ca

Amaruk Golf Club: 9 Hole Course:

Address: 327 Hamilton River Road
Phone: (709)-896-2112
Website: amarukgolfclub@yahoo.ca

Snowflake Figure Skating Club

FB: Snowflake Skating Club

ValleyDance Works:

Address: 164-C HRR
Phone: (709)-896-0555
FB: Valley Danceworks Inc.

Snowmobile Club:

Phone: 709-897-4323
FB: Grand River Snowmobile Club
E-mail: grandriver@hvgb.net

Lake Melville Xtreme Hockey:

FB: Lake Melville Xtreme Minor Hockey
Website: www.sport.ca/xtreme

Goose Bay Curling Club:

Address: 126 Edmonton Street
Phone: (709)-8964062

Trapline Running Club:

FB: Trapper's Running Club
website: www.trappersrunningclub.com
E-mail: president@traplinemarathon.ca
Twitter: @Trapline42k

Melville Mantas Swim Team:

FB: Melville Mantas Swim Team

Minor Soccer Program:

Gears Gain Gym:

Address: 251 Tippett Street
FB: Gears Gains

Recreation & Sport cont...

Labrador Training Centre/Swimming Pool:
(709)-896-8480

Adult Men's/Women's Soccer League:
Call (709)-896-8542 for information or visit www.happyvalley-goosebay.com

Yoga Classes: FB Yoga HVGB

Men's Indoor Basketball League:
FB: Labrador Basketball League

Men & Women's Softball League:
Call (709)-896-8542 for information or visit www.happyvalley-goosebay.com

Judo Club:
Website: goosebayjudoclub.com
FB: Goose Bay Judo Club

Let's Dance: Dance Group
FB: Let's Dance HV-GB

Fitness Classes: FB: Goose Fitness Classes
FB: Goose Bay Fitness Classes-Low Impact Women Only



COMING Spring 2021
Central Labrador YMCA
(Wellness Centre)



Music & Performing Arts

There is no shortage of music, arts and creative activity in our small town. See below information on how to get involved

Lawrence O' Brien Arts Centre:
Performing arts theater in Happy Valley-Goose Bay
Address: Voisey Drive
Phone: (709)-896-4027
E-mail: ela.manager@bellaliant.com
www.obrienartscentre.ca



Mokami Players: Performing Arts
FB: Mokami Players

Local Community Choir—not active at the present time





Childcare/Daycare Facilities



Pumpkin House: Childcare Centre
Address: 60 Churchill St Happy Valley-Goose Bay, NL
Phone: (709) 896-8239

College of the North Atlantic Childcare Centre CNA
Address: 219 Hamilton River Road
Phone: (709)-896-6350
E-mail: Carla.oldford@cna.nl.ca

Robin's Nest Daycare (Military preference):
Goose Bay Military Family Resource Centre
Serve: Military Members (and their families) & Veterans
Location: 564 Rivers Road
Contact Info: (709) 896-6900 ext.6060
Website: <https://www.cafconnection.ca/Goose-Bay/>

Grand River Family Resource Centre:
Address: 114 Hamilton River Road
Phone: (709)-896-2202
E-mail: hvgb-frc@hotmail.com



Aboriginal Family Centre:
Address: 49B Grenfell Street
Phone: (709)-896-4398

Primary, Elementary High Schools

Peacock Primary School: K-3 (French Immersion Option)
Address: 9 Cabot Crescent
Phone: (709)-896-3896

Queen of Peace Middle School: Grade 4-7 (French Immersion Option)
Address: 6 Green Street
Phone: (709)-896-5315

Mealy Mountain Collegiate: Grade 8-12 (French Immersion Option)
Address: 1 Voisey Drive
Tel: (709)-896-3366

Ecole Boreale: K-12 Francais
Address: 7 Cabot Crescent
Phone: (709)-896-0670
Website: www.cdfp.nl/boreale

All local schools include modern facilities, sports, arts, music, & updated technology. For more information on the local school system, please visit the website www.nlesd.ca or contact the Labrador Regional Office 709-896-2431

Post Secondary Schools & Institutions

The College of the North Atlantic: CNA HVGB Campus

The logo for the College of the North Atlantic (CNA) features the lowercase letters 'cna' in white on a blue rectangular background.

College of the North Atlantic, Happy Valley-Goose Bay campus, offers a full range of programs for students looking to pursue an education close to home. It is one of 17 campuses throughout Newfoundland and Labrador that offers quality programs designed to meet industry needs, and is co-located with Labrador Institute of Memorial University. The campus at Happy Valley-Goose Bay offers a variety of programs in Industrial Trades; Academic and Applied Arts; Health Sciences; Continuing Education; and, Contract Training initiatives with community partners all across Labrador. For more information on programs and opportunities, please visit the website at www.cna.nl.ca; come in person to the local campus at 63 Hamilton River Road; or, phone (709)-896-6300.



The Labrador Institute is a leading centre of research, education, outreach, and policy, by and for the North. As a division of Memorial University, the Labrador Institute is one of the few university-based units in Canada dedicated solely to the needs and priorities of the North. For over 40 years, the Labrador Institute has been committed to Northern-led, Northern-focused, and Northern-inspired research and education, and works to support the educational aspirations, research priorities, and socio-cultural wellbeing of people in Labrador and throughout the North. Since the Labrador Institute is situated on the homelands of the Innu and Inuit, the Institute also has a special obligation to the Indigenous peoples of the region, and works in partnership on Indigenous-driven research and education initiatives.

Address: 219 Hamilton River Road

Phone: (709) 896-6210

Email: labradorins@mun.ca

Website: <https://www.mun.ca/labradorinstitute/>

Training Institutions

Komatik Training Solutions Inc. (709) 896-5722

**Dexter Institute Happy Valley-Goose Bay
(709) 896-0055**

Academy Canada





Labrador Grenfell Health– Local Hospital Happy Valley-Goose Bay, NL



Labrador-Grenfell
Health

Vision: Healthy people, living in healthy communities.

Tel: (709)-897-2000
Emergency: 911

Long Term Care: (709)-896-2469
Public Health: (709)-897-2331
Mental Health & Addictions: (709)-897-2343
Outpatient: (709)-897-2000 (switchboard)
Emergency Department: 911

Website: www.lghealth.ca

Labrador-Grenfell Health is one of Newfoundland and Labrador's four regional health authorities which covers Labrador and all communities north of Bartlett's Harbour on the Northern Peninsula. Labrador-Grenfell Health provides quality health and community services to approximately 37,000 people inclusive of three Indigenous groups: Innu First Nation, Inuit, and Southern Inuit.



Located in Happy Valley-Goose Bay is the Labrador-Grenfell Health headquarters. Within the administrative building are the Executive offices as well as finance and human resources. The building is located alongside the Labrador Health Centre and the Happy Valley-Goose Bay Long-Term Care Home.



The Labrador Health Centre is a 25-bed hospital with a 24-hour Emergency Department and Outpatient Clinics staffed by a variety of healthcare providers including specialists such as a General Surgeon, an Obstetrician/ Gynecologist and other visiting specialists.

Supporting its acute care services are: * Major and minor operating rooms * Satellite Dialysis Unit * Laboratory and Diagnostic Imaging * Physiotherapy, Occupational Therapy, Speech Language Pathology * Oncology/Chemotherapy Services * Respiratory Therapy * Dietitian * Community Health and Home Care Nursing * Mental Health and Addictions Services

Labrador Grenfell Health– Local Hospital –cont Happy Valley-Goose Bay, NL

The Happy Valley-Goose Bay Long-Term Care Home is a 71-bed accredited facility that provides nursing care to levels three and four residents. The home has two respite rooms, a 13-bed protective care unit, two multipurpose rooms, sun room, small conference room and a spiritual care room.



The home is staffed by professional nursing, housekeeping, dietary and maintenance employees. Health professional services, such as Dietitian Services, Occupational Therapy and Physiotherapy are available upon request/referral.



Dental Offices

Gosala Dental Clinic:
Address: 6 Royal Street
Phone: (709) 896-9791

Labrador Dental Clinic:
Phone: (709)-896-8889

Northern Dental:
Address: 358 Hamilton River Rd
Phone: (709) 896-9668



Community Service Groups

Labrador Friendship Centre: Food Bank
Phone: (709)-896-8302
Website: www.lfchvgb.ca

Mokami Status of Women Council: Thrifty Fashions (709)-896-8434

Special Olympics: FB Special Olympics Happy Valley-Goose Bay

Canadian Hard of Hearing Association: Phone: (709)-896-5434

Legal Aid:
Address: 4 Hillcrest Road, Happy Valley-Goose Bay
Phone: (709)-896-5323
Website: legalaid.nl.ca





Newcomer /Immigrants to Happy Valley-Goose Bay

Making a Call

The area code to make a call in Labrador or in other parts of the province of Newfoundland and Labrador is **709**.

Other provinces across Canada have their own area code. Google area codes across Canada for information.

To make a long distance phone call inside of Canada, you must dial 1 and then the area code of that location then the phone number.

You do not need to use the area code 709 for local numbers.

Dial 011 and then the area code to make an international call.

You can purchase International phone cards at a number of locations in the community for example the local post offices or local pharmacies

Local Radio Stations:

CBC Radio: 89.5 FM

Big Land Radio: 97.9FM

Christian Radio: 101.9 FM

MELVILLE PUBLIC LIBRARY

If you do not have a computer you can use the computers at the local Library

Address: 141 Hamilton River Road– Elizabeth Goudie BLDG

Phone: (709)-896-8045

<https://www.nlpl.ca>

WelcomeNL-HVGB Project

Can assist you with any questions or concerns you may have about your move, and integrating into your new community.



Contact Info:

E-mail: welcome@townhvgb.com

Phone: (709)-897-4095



Association for New Canadians Happy Valley-Goose Bay



The Association for New Canadians is a non-profit, community-based organization dedicated to the provision of settlement and integration services for immigrants and refugees. For over 40 years, the Association has delivered programs and services designed to support all aspects of newcomer integration, ranging from settlement information and orientation, to language learning, skills development and employment.

Address: 6 Hillcrest Road Happy Valley-Goose Bay, NL A0P 1E0
Cell #: (709)-897-7969

Questions & Answers

1. Where do I go to get a license or change my license?

Service NL provides all services related to drivers license, birth, marriage and death certificates, licenses and permits

Address: 163 Hamilton River Rd, Happy Valley-Goose Bay
Phone: (709) 896-5428 (709) 896-4340

2. Where do I go to find job opportunities in Happy Valley-Goose Bay and surrounding areas?

The Department of Advanced, Education, Skills and Labour

The role of the department is to provide a province where citizens are educated, skilled, and supported to be employed within a positive workplace environment.

Address: 163 Hamilton River Road or **Phone:** (709)-896-8846. For eligible Immigrants please contact ANC above.

3. Where do I go to get a MCP card (provincial medical card)?

You can go on-line to Service NL or visit the local office at

Address: 163 Hamilton River Rd, Happy Valley-Goose Bay
Phone: (709) 896-5428 (709) 896-4340

4. Who can I contact if I have any questions about the community, its available services or programs? Or if I am seeking help?

You can contact the local **WelcomeNL-HVGB** office at (709) 897-4095 or **The Association for New Canadians** office at (709) 897-7969
We are here to help you navigate the community.

Festivals & Special Events



The community of Happy Valley-Goose Bay and surrounding area have no shortage of annual celebrations, festivals and special events and activities. For any information on the below events you can search FB or contact the local town office.

- Annual MudLake Fair (September)
- Annual Terry Fox walk/run (September)
- Ronald MacDonald House Walk (September)
- Take Back the Night Walk (September)
- World Suicide Prevention Day, Celebrate Life Walk (September)
- Trapline Marathon (October)
- Guy Fawkes/Bon Fire Night (November)
- SERCO Dinner & Dance (November)
- Creative Arts Festival (November)
- Annual RCMP Ball (Fall)
- Remembrance Day (November 11th)
- Santa Claus Parade (December)
- Annual Christmas Tree Lighting (December)
- Candlelight Vigil in Honour of victims Montreal Massacre (December)
- Birch Brook Nordic Ski Club Annual Boxing Day Open House (December)
- Annual Melville Mantas Dinner & Dance (February)
- Red Dress Project- (February)
- Bi-Annual Cain's Quest Snowmobile Endurance Race (Winter)
- Labrador Winter Games (every 3 years)
- Annual Crime Prevention Committee Battle of the Brains (March)
- International Women's Day (March 8th)
- Annual Max Winters Memorial Trappers Cup (March)
- Melville Music Festival (March or April if it occurs)
- Big Land Loppet: Cross country ski event (March)
- Annual Innu Hockey Tournament (March)
- High School Drama Festival (March)
- Volunteer Appreciation Night (April)
- Annual Figure Skating Ice Show (April)
- Royal Masquerade Ball (April)
- Annual Pancake Day College of The North Atlantic (April)



Cont....



- Annual Duck's Unlimited Dinner & Auction (May)
- ReMax Run for the Red (May)
- PRIDE (June/July)
- National Indigenous Day (June)
- Annual Labrador Indoor Soccer Cup (June)
- Annual Labrador Hunting and Fishing Association Steak & Lobster (June)
- Annual Law Enforcement Torch Run/Walk for Special Olympics (June)
- Expo Labrador & Trade Show (June)
- Annual Town of HVGB Firefighters Flea Market (June)
- Annual Bike Rodeo (June)
- Shameless Strut (June)
- Annual Base Flea Market (June/July)
- Canada Day Celebrations (July 1st)
- NWR Beach Festival (July)
- Community Clean Up! (July)
- Annual Labrador Canoe Regatta, Gosling Park (August)
- Great Labrador Canoe Race (August)
- Annual One SMALL Step Prader Willi Syndrome Walk (August)
- Community Outdoor Market (Summer months)
- Gregory Penashue Music Festival –Sheshatshiu (August)
- The Goose Deuce Duathlon (Summer)



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Facebook Pages of Interest...

Happy Valley-Goose Bay Facebook pages of interest. If you are new to the area these FB pages may be of help.



- Sam's Big Land Flea Market
- Newcomers to Happy Valley-Goose Bay
- What's on the go in Happy Valley-Goose Bay
- The New and Improved Concerning HVGB
- Yard Sales and Garage Sales of Happy Valley-Goose Bay
- The Giant Happy Valley-Goose bay Virtual Flea Market
- Happy Valley-Goose Bay Flea Market: Buy/Sell/Trade/Giveaway
- Happy Valley-Goose Bay-Too Good To Dump (Free Items Only)
- HV-GB Recyclers
- Building UP Happy Valley-Goose Bay
- Town of Happy Valley-Goose Bay
- Town of North West River
- Labrador Rentals
- HVGB Sports and Exercise Groups for Adults
- Horses for Hope Center-Labrador
- ~House/Apartment rentals in Goose Bay~

Local Area Attractions/Interests **Search Facebook pages for information**



Birch Island Boardwalk
Kinsmen Park
Community Bike Trails/Walking Trail System: throughout the community
Labrador Hunting and Fishing Association
Military Museum (Base Canex Store)
Base Outdoor Skating Rink
Playgrounds located throughout the community and Base
Lawrence O'Brien Arts Centre
HV-GB Recyclers
The Kindness Connection
The HV-GB Filipino Association
Horses For Hope Centre-Black Spruce Stables
Noah's Ark Family Farm and Petting Zoo
Local Dog Park
Gosling Park

There are a variety of extracurricular activities and volunteer opportunities that take place in the community. Some of these include but are not limited to:

- Girl Guides/Brownies/Beaver's/Scouts
- Air/Army Cadets
- SPCA
- Lawrence O'Brien Arts Centre
- Community Outdoor Market
- Grand River Snowmobile Club
- Mokami Players
- Filipino Community Association
- Special Olympics
- Canadian Hard of Hearing Association
- Kinsmen & Kinettes
- Shriners
- MADD– Mothers Against Drunk Driving

