



PUBLIC ANNOUNCEMENT

Tip-A-Vista Wellness Foundation, YMCA of Newfoundland and Labrador, and Eastern Health Announce Collaboration

October 17, 2022, 2:00pm

Bonavista, NL – Tip-A-Vista Wellness Foundation, YMCA NL, and Eastern Health are excited to announce a collaboration to bring more health and wellness programs to the Bonavista region. Phase one of a multi-year project has led to the successful development of a partnership between the Foundation and Eastern Health to bring health services to the upper level of the Coster Street site.

In May 2022, the Dr. Hilda Tremblett Wellness Centre in Bonavista opened, providing centralized access to primary health-care services, public health, home and community supports, and mental health and addictions services.

Now entering phase two, the Foundation and YMCA NL are pleased to be working together on a project that will see the development of a wellness facility on the lower level of the site. Work on the facility has begun and the schedule for opening is still being finalized.

Quotes:

“Tip-A-Vista Wellness Foundation is thrilled to be partnered with Eastern Health on phase one of our multi-purpose facility, already occupying the upper level of our Coster Street site. Now we are equally excited to announce a collaboration with the nationally recognized YMCA on phase two (lower level), the operation of a fully equipped gymnasium, weight training space, cardio room and other spaces that will offer citizens and visitors the opportunity for physical activity 12 months of the year.”

- John Norman, Co-Chair - Tip-A-Vista Wellness Foundation Inc.

“YMCA of Newfoundland and Labrador is delighted to have signed the Letter of Intent with Tip-A-Vista Foundation and Eastern Health. The new Wellness Centre will make Bonavista an even better place to live and we look forward to being part of it.”

- Jason Brown, CEO, YMCA of Newfoundland and Labrador

“Eastern Health is pleased to partner with the Tip-A-Vista Wellness Foundation and the YMCA of Newfoundland and Labrador on this project at the Dr. Hilda Tremblett Wellness Centre. Collaboration

and partnerships, such as this one, are critical to the work of Eastern Health, enhance the health and wellness of residents in the Bonavista area, and align with our vision of Healthy People, Healthy Communities.”

- Ronald Johnson, Vice President - Innovation & Rural Health, Eastern Health

About the Tip-A-Vista Foundation

The mission of Tip-A-Vista Wellness Foundation is to develop and maintain a Bonavista facility that will promote healthy people and healthy communities:

-Strong children in whom mental, emotional and physical well-being is nurtured.

-Strong families that have the knowledge and support to make healthy lifestyle choices.

-Strong communities where people of all ages can access our community multi-purpose facility for a whole range of services and supports.

About the YMCA of Newfoundland and Labrador

The YMCA of Newfoundland and Labrador is a charity, open to everyone at all stages of life that provides opportunities to grow in spirit, mind, and body. Our vision is a province of vibrant and healthy communities where everyone can belong, grow, and thrive

About Eastern Health

Eastern Health is the largest, integrated health authority in Newfoundland and Labrador employing approximately 13,000 dedicated employees, over 700 medical staff, and is supported by hundreds of volunteers, including members of numerous auxiliaries and fundraising foundations. With an annual budget of approximately \$1.7 billion, the authority offers the full continuum of health and community services including public health, long-term care, community services, hospital care and unique provincial programs and services. Serving a population of over 300,000, Eastern Health’s geographic boundaries extend west from St. John’s to Port Blandford including all communities on the Avalon, Burin and Bonavista Peninsulas.

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Tip-A-Vista Foundation

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