

## YMCA of Newfoundland and Labrador Organization Membership

| Member Benefits   | All Members      | Your<br>Organization<br>Members |
|---|------------------|---------------------------------|
| Access to any YMCA in Canada and participating International facilities   | •                | •                               |
| Drop-in group fitness classes and recreational sports (2 hardwood courts & full size gymnasium)                                   | •                | •                               |
| Child/youth specialty programs  | •                | •                               |
| Recreational gymnasium and swim times   | •                | •                               |
| Fitness orientations & beginner programs  | •                | •                               |
| Swim lessons (all ages)   | •                | •                               |
| Birthday parties and discounts for select YMCA courses  | •                | •                               |
| Child minding (included for family memberships)   | •                | •                               |
| Gymnasium, Walking Track and Conditioning Center  | •                | •                               |
| Fully accessible facility (elevator, ramps, push buttons)   | •                | •                               |
| Volunteer opportunities   | •                | •                               |
| Buy 6 get one FREE virtual personal training sessions year round (save \$40)  |                  | •                               |
| Additional 10% off Courses- First Aid, Fitness Certifications and more!   |                  | •                               |
| Additional 10% off Day Camps including<br>Leadership Programs   |                  | •                               |
| Eat Plant Joy- self-serve online healthy eating program   |                  | •                               |
| Additional 10% off Meeting Room Rentals   |                  | •                               |
| 4 Small Group* Lunch & Learn s Discounted<br>Joiner Fee (\$10 off) sessions (*6-8 people) per<br>calendar year. In person/virtual |                  | •                               |
| Discounted Joiner Fee (\$10 off) The YMCA should be a part of your Emp  | loyee Wellness I | Program.                        |

## The YMCA Organization **Membership Advantage**

- Organization member usage follow-upreport available on request
- Option 1- Easy monthly payments from your organization bank account or credit card
- Option 2- Easy monthly payment from employee bank account or credit card and the organization reimburses the employee
- Convenient program and service registration through our Online Portal

Ches Penney Family YMCA

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