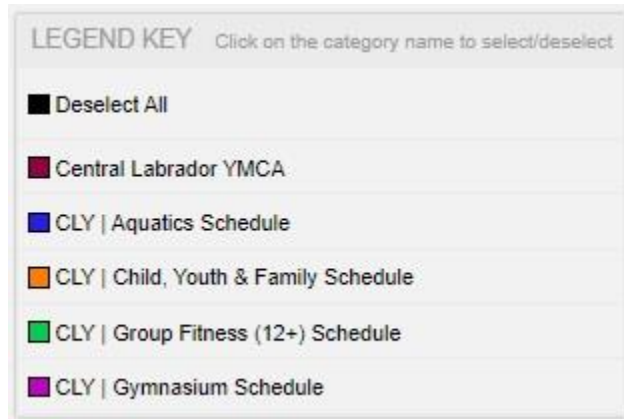


Tips for using Central Labrador YMCA online calendars

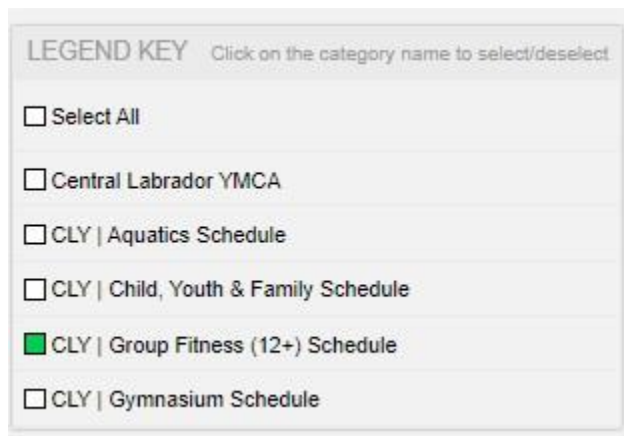
All online calendars can be found at <https://ymcanl.com/labrador/central-labrador-ymca/program-schedules/>.

To start, consider using the Legend Key.

- a. The default is to show all available programs for the current week. To narrow your search for your favorite program, you must first review the Legend Key.



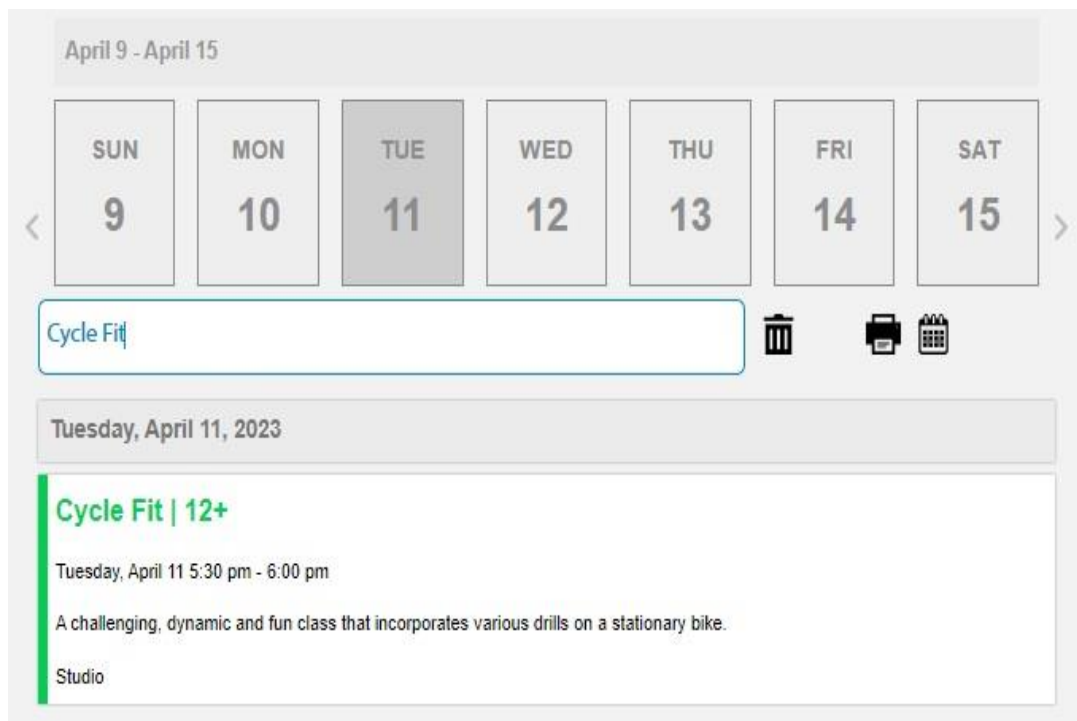
- b. Check **Deselect All** and check the **category** of the program you would like to search for. For example:



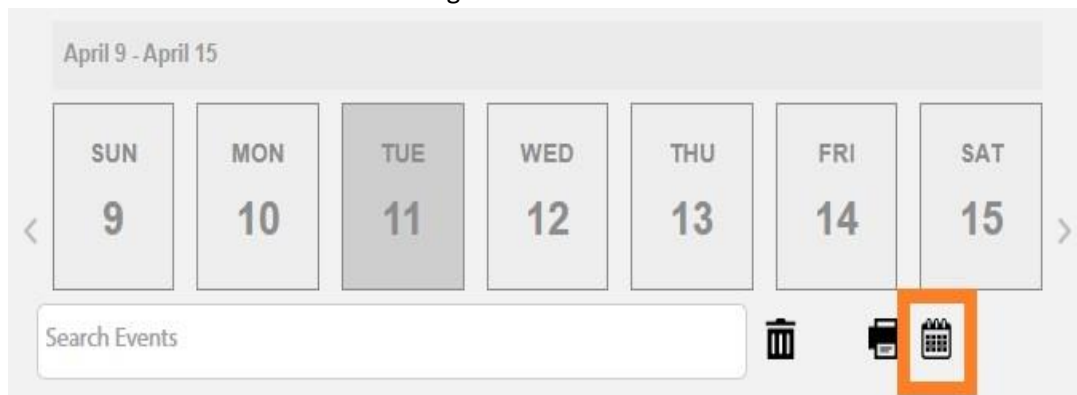
- c. Select a **day or week** that you are planning on visiting your YMCA.



- d. In the example below, **April 11** was checked as the **date** and **Cycle Fit** was entered in **Search Events** box:



2. Now if you wish to have a **monthly view** of the calendar, consider the following:
- a. Select the calendar icon on the far right



- b. From here, you will see a calendar view that only highlights the category from you selected from the Legend Key.



- c. If you want to add the Aquatics schedule to this view, check on Aquatics schedule and you will see:

9	10	11	12	13	14	15
Lane Swim 9:00 am - 11:00 am	Lane Swim 6:15 am - 7:30 am	Lane Swim 6:15 am - 7:30 am	Lane Swim 6:15 am - 7:30 am	Open Swim (Play Pool) 6:15 am - 7:30 am	Open Swim (All Pools) 6:15 am - 7:30 am	Lane / Open Swim 9:00 am - 1:00 pm
Open Swim (All Pools) 9:00 am - 11:00 am	Open Swim (All Pools) 6:15 am - 7:30 am	Open Swim (Play Pool) 6:15 am - 7:30 am	Open Swim (All Pools) 6:15 am - 7:30 am	Lane Swim 6:15 am - 7:30 am	Lane Swim 6:15 am - 7:30 am	Cycle Fit 12+ 11:15 am - 11:45 am
Open Swim (All Pools) 11:15 am - 1:00 pm	Open Swim (All Pools) 8:00 am - 10:00 am	Lane Swim 8:00 am - 10:00 am	Lane Swim 8:00 am - 10:00 am	Open Swim (All Pools) 8:00 am - 10:00 am	Open Swim (All Pools) 8:00 am - 10:00 am	Open Swim (All Pools) 1:15 pm - 2:00 pm
Lane Swim 11:15 am - 1:00 pm	Lane Swim 8:00 am - 10:00 am	Open Swim (Play Pool) 8:00 am - 9:00 am	Open Swim (All Pools) 8:00 am - 10:00 am	Lane Swim 8:00 am - 10:00 am	Lane Swim 8:00 am - 10:00 am	Lane Swim 1:15 pm - 3:45 pm
Lane Swim 1:15 pm - 2:00 pm	Lane Swim 11:15 am - 1:00 pm	Aqua Fit 12+ 9:00 am - 9:45 am	Open Swim (All Pools) 11:15 am - 1:00 pm	Lane Swim 11:15 am - 1:00 pm	Lane Swim 11:15 am - 1:00 pm	Open Swim (All Pools) 3:00 pm - 3:45 pm
Open Swim (All Pools) 1:15 pm - 2:00 pm	Parent & Tot Lesson 11:15 am - 12:00 pm	Lane Swim 11:15 am - 1:00 pm	Lane Swim 11:15 am - 1:00 pm	Open Swim (All Pools) 11:15 am - 1:00 pm	Open Swim (Main Pool) 11:15 am - 1:00 pm	Open Swim (All Pools) 4:00 pm - 7:15 pm
Open Swim (All Pools) 3:00 pm - 3:45 pm	Open Swim (Main Pool) 11:15 am - 1:00 pm	Open Swim (All Pools) 11:15 am - 1:00 pm	Cycle Fit 12+ 12:15 pm - 12:45 pm	Muscle Fit 12+ 12:15 pm - 12:45 pm	Parent & Tot Lesson 11:15 am - 12:00 pm	Lane Swim 4:00 pm - 7:15 pm
Lane Swim 4:00 pm - 7:15 pm	Open Swim (Play Pool) 12:00 pm - 1:00 pm	Muscle Fit 12+ 12:15 pm - 12:45 pm	Lane Swim 1:15 pm - 3:45 pm	Open Swim (All Pools) 1:15 pm - 3:45 pm	Open Swim (Play Pool) 12:00 pm - 1:00 pm	Lane Swim 7:30 pm - 8:45 pm