



18 September, 2023

**Dominic Demers Appointed
Regional VP, Labrador/GM, Central Labrador YMCA**



Following a detailed recruitment process, YMCA of Newfoundland and Labrador is excited to announce Dominic Demers, B.Sc., M.A. has been appointed Regional VP, Labrador/GM, Central Labrador YMCA starting 19 September, 2023.

Dominic brings experience of more than 25 years in recreation, wellness, and building strong communities. He has a Master of Arts in Leadership from Royal Roads University and a Bachelor of Science in Physical Education and Sport Administration from University of Quebec.

Among many experiences, Dominic has previously been Recreation Consultant with the Province of Newfoundland and Labrador, Director of Community Services and Recreation with the Town of Happy Valley-Goose Bay, and Health Promotion Consultant with Labrador-Grenfell Health Authority. As a volunteer, he has been the Labrador Chair for Recreation NL, President and Race Director for the Trappers' Running Club, and Community Grants Co-Chair for the Labrador Regional Wellness Coalition. Through his work with the Town, he was extensively involved in the development of the Central Labrador YMCA prior to 2021.

As a trusted leader in Labrador, Dominic will work with our staff and volunteer team to deliver quality programs and build external relationships with a goal to both bring more people in to the Central Labrador YMCA and bring the YMCA to more people in communities in the region.

We thank former GM Carolyn Tyner for the work she did in opening and operating the facility. YMCA of Newfoundland and Labrador thanks all those involved in the hiring process.

Quotes:

Dominic Demers, Regional VP, Labrador/GM, Central Labrador YMCA

"I am excited to join the YMCA staff and looking forward to getting to know the team. Fifteen years ago, I moved to Labrador where I met my incredible wife who is from Rigolet, and nine years ago, our daughter joined us. As a family, we enjoy the Labrador outdoor lifestyle of camping, hiking, and snowmobiling. I personally like to play racquet sports, or go for a long trail run." dominic.demers@nl.ymca.ca

Sherry Squires, COO, YMCA of Newfoundland and Labrador

"We are delighted to welcome Dominic to the YMCA. We know he is a respected Labrador leader and relationship builder. Dominic is an excellent fit with our organization and we look forward to his success in creating made-in-Labrador solutions as we continue to work with the Town of Happy Valley-Goose Bay in operating the Central Labrador YMCA."

sherry.squires@nl.ymca.ca