

YMCA of Newfoundland and Labrador

Burin Peninsula Region 2B Harris Drive, P.O. Box 1308 Marystown, NL A0E 2M0 www.ymcanl.com CRA#108225533RR0001

Child, Youth & Family Schedule – Marystown YMCA (June 21 to September 15, 2024)

Hours: Mon.-Thurs. 6:00am-8:30pm | Fri. 6:00am-7:00pm | Sat.-Sun. 7:00am-7:00pm

Closed: June 24 (June Holiday), July 1 (Canada Day), August 5 (Civic Holiday), September 2 (Labour Day)

*Schedule is subject to change without notice. View "Notices" tab on <u>ymcanl.com</u> for all the latest details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Early Morning										
9:00-10:30	7:00-8:45	7:00-8:45	7:00-8:45	7:00-8:45	7:00-8:45	9:00-10:30				
Indoor	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Indoor				
Playground	12+	12+	12+	12+	12+	Playground				
Gym	Gym	Gym	Gym	Gym	Gym	Gym				

All programs (except Indoor Playground) require registration. To participate, you must have a YMCA membership or short-term pass. Register in person or online at https://ymcanl.com/online-portals/.

	Late Mo	orning & Early A	fternoon		
11:00-12:30 Child Minding 0-9 Multi-Purpose Room	11:00-12:30 Child Minding 0-9 Multi-Purpose Room 2:30-3:30	11:00-12:30 Child Minding 0-9 Multi-Purpose Room 3:30-4:00	11:00-12:30 Child Minding 0-9 Multi-Purpose Room	11:00-12:30 Child Minding 0-9 Multi-Purpose Room	
	Children's Racquetball 5-12 Gym	Cardio Drumming 5+ Gym			
		Evening			
6:30-7:30 Family Basketball All ages Gym	4:00-5:00 Youth Basketball 12+ Gym	4:30-7:00 Child Minding 0-9 Multi-Purpose Room	5:00-5:45 Adult Learn to Lift 16+ Gym	5:00-6:00 Adult Racquetball 15+ Gym	
	4:30-7:00 Child Minding 0-9 Multi-Purpose Room	4:15-5:00 Youth Learn to Lift 12+ Gym			
	6:30-7:30 Family Floor Hockey All ages Gym				