

Shine On

## Swim Lesson Conversion Chart

Note: Conversions are an approximation only. If you are unsure what level your child is achieved, please contact your nearest YMCA centre

RED CROSS	YMCA	LIFESAVING SOCIETY	AQUARENA
<b>Parent and Tot Lessons: 6 months –3 years old (accompanied by a caregiver 16+)</b>			
Starfish	Parent and tot- Splashers	Parent and tot 1	Parent and tot
Duck	Parent and tot - Bubblers	Parent and tot 2	Parent and tot
Sea Turtle	Parent and tot - Bubblers	Parent and tot 3	Parent and tot
<b>Preschool Swim Lessons: 3 – 5 years old (accompanied by a caregiver 16+ or on their own)</b>			
Sea Otter	Preschool 1/Bobbers	Preschool 1	Parent and tot
Salamander	Preschool 2/3 Floaters/Gliders	Preschool 1/2	Frogs/Penguins
Sunfish	Preschool 4/ Divers	Preschool 3	Penguins
Crocodile	Preschool 5/Surfers	Preschool 4	Penguins/Dolphins
Whale	Preschool 6/Jumpers	Preschool 5	Dolphins
<b>Learn to Swim: 6 – 12 years old</b>			
Swim Kids 1	Otter	Swimmer 1	White
Swim Kids 1	Seal	Swimmer 1	Purple
Swim Kids 2/3	Dolphin	Swimmer 2	Purple/Red
Swim Kids 4/5	Swimmer	Swimmer 3	Red/Green
Swim Kids 6/7	Star 1	Swimmer 4	Green/Aqua
Swim Kids 8	Star 2	Swimmer 5	Aqua/Blue
Swim Kids 9	Star 3	Swimmer 6	Aqua/Blue
Swim Kids 9 (400 m swim)	Star 4	Rookie	Blue/Bronze/Silver
Swim Kids 10	Star 5	Ranger	Bronze/Silver/Gold
Swim Kids 10 (500 m swim)	Star 6	Star	Silver/Gold