

Shine On

YMCA of Newfoundland and Labrador Avalon Peninsula Region P.O. Box 21291 St. John's, NL A1A 5G6 www.ymcanl.com CRA#108225533RR0001

Child, Youth & Family Schedule – Ches Penney Family YMCA

(August 5 to September 15, 2024)

Hours:Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pmFacility:TD Room (TDR) | RE/MAX Main Pool (MP) | Pro-dive Marine Services Play Pool (PP)Closed:June 24 (June Holiday), July 1 (Canada Day), August 7 (Regatta Day), September 2 (Labour Day)

*Schedule is subject to change without notice. View "Notices" tab on <u>ymcanl.com</u> for all the latest details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						
9:00-10:30 Child Minding 0-6 TDR	9:00-12:00 Child Minding 0-6 TDR	9:00-12:00 Child Minding 0-6 TDR	9:00-12:00 Child Minding 0-6 TDR	9:00-12:00 Child Minding 0-6 TDR	9:00-12:00 Child Minding 0-6 TDR	9:00-10:30 Child Minding 0-6 TDR
9:00-11:30 Indoor Playground 1-8 Gym 1 & 2	9:15-9:45 Parent & Tot Swim Lesson 0-2 PP	9:00-10:00 Handball 8-11 Hardwood Courts	9:15-9:45 Parent & Tot Swim Lesson 0-2 PP			9:00-11:30 Indoor Playground 1-8 Gym 1 & 2
		10:00-11:00 Handball 12-16 Hardwood Courts				
All programs	•		re registration. To p rson or online at <u>ht</u>			•
Evening						
	5:00-6:30 Child Minding 0-6 TDR	5:00-6:30 Child Minding 0-6 TDR	5:00-6:30 Child Minding 0-6 TDR	5:00-6:30 Child Minding 0-6 TDR	5:00-6:00 Youth Basketball Scrimmage 12-18 Gym 1 & 2	
	5:00-5:50 Soccer 6-8 Gym 2	5:00-6:00 NHL Street 6-8 Gym 2	5:00-7:00 Family Boccia Ball & Pickleball All ages Gym 1 & 2	5:00-6:00 Youth Volleyball 12-18 Gym 1 & 2	6:00-6:45 Dash & Splash 6-12 Gym	
	6:00-6:50 Soccer 9-11 Gym 2	5:00-7:00 Youth Basketball Scrimmage 12-18 Gym 1	5:30-6:15 Racquetball Badge Program 8-12 Hardwood Courts		6:45-7:30 Dash & Splash 6-12 PP	
	5:30-6:15 Racquetball Badge Program 17+ Hardwood Courts	6:00-7:00 NHL Street 9-12 Gym 2	6:15-7:00 Racquetball Badge Program 13-16 Hardwood Courts			
	6:15-7:00 Racquetball Badge Program 17+ Hardwood Courts					