



Shine On

YMCA of Newfoundland and Labrador
 Avalon Peninsula Region
 P.O. Box 21291
 St. John's, NL A1A 5G6
 www.ymcanl.com
 CRA#108225533RR0001

Courts Schedule – Ches Penney Family YMCA (September 16 to December 16, 2024)

Hours: Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pm
Facility: KMK Capital Court (KMK) | Short Family Court (SF)
Closed: Sept. 30 (National Day for Truth and Reconciliation), Oct. 14 (Thanksgiving Day), Nov. 11 (Remembrance Day)

**Schedule is subject to change without notice. View "Notices" tab on ymcanl.com for all the latest details.*

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Early Morning													
KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF
7:00-9:00 Available for booking		5:00-12:00 Available for booking		5:00-12:00 Available for booking		5:00-12:00 Available for booking		5:00-12:00 Available for booking		5:00-12:00 Available for booking		7:00-9:00 Available for booking	
9:00-12:00 Squash 19+												9:00-1:00 Junior Handball 8-16	
Late Morning & Early Afternoon													
12:00-1:00 Available for booking		12:00-5:00 Available for booking		12:00-6:00 Available for booking		12:00-5:00 Available for booking		12:00-6:00 Available for booking		12:00-5:00 Available for booking		1:00-5:00 Available for booking	
1:00-1:45 Junior Squash 9-12													
2:00-2:45 Junior Squash 13+													
All programs and use of courts require registration. To participate, you must have a YMCA membership or short-term pass. Members can book the court 3 days in advance, for 60 minutes at a time.													
Evening													
3:00-8:00 Available for booking		5:30-6:15 Racquetball Badge Program 12-16		6:00-9:00 Squash 19+		5:00-9:00 Adult Handball 19+		6:00-9:00 Squash 19+		5:00-7:00 Adult Handball 19+		5:00-8:00 Available for booking	
		6:15-7:00 Racquetball Badge Program 17+											
		7:00-10:00 Available for booking								7:00-9:00 Available for booking			