

Gymnasium Schedule – Ches Penney Family YMCA

(September 16 to December 16, 2024)

Hours: Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pm
Closed: Sept. 30 (National Day for Truth and Reconciliation), Oct. 14 (Thanksgiving Day), Nov. 11 (Remembrance Day)

*Schedule is subject to change without notice. View "Notices" tab on ymcanl.com for all the latest details.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Morning													
Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2
7:00-8:45 Open Gym		5:00-8:45 Open Gym										7:00-8:45 Open Gym	
9:00-11:30 Indoor Playground		9:15-10:15 Boot Camp	9:00-12:00 Child Care	9:00-10:30 Open Gym	9:00-12:00 Child Care	9:00-11:00 Open Gym	9:00-12:00 Child Care	9:00-10:30 Open Gym	9:00-12:00 Child Care	9:00-10:15 Open Gym	9:00-12:00 Child Care	9:00-11:30 Indoor Playground	
		10:20-10:50 Open Gym		10:45-12:00 Active Kids				10:45-12:00 Indoor Playground		10:30-11:15 Functional Fitness			
		11:00-12:00 Pickleball Intermediate				11:00-12:00 Pickleball Beginner				11:20-11:55 Open Gym			
Afternoon & Evening													
12:00-1:00 Birthday Rental		12:05-1:00 Pickleball Intermediate		12:05-12:55 Open Gym		12:00-1:00 Pickleball Beginner		12:10-12:55 Open Gym		12:00-1:00 Rental		12:00-1:00 Birthday Rental	
1:30-3:30 Rental		1:05-2:15 Open Gym	1:00-3:00 Child Care	1:05-2:15 Open Gym	1:00-4:00 Child Care	1:05-2:15 Open Gym	1:00-3:00 Child Care	1:05-2:15 Open Gym	1:00-4:00 Child Care	1:05-2:15 Open Gym	1:05-4:00 Child Care	1:15-2:30 Pickleball Intermediate	
3:40-5:05 Pickleball Beginner		2:30-5:15 After Day Play	3:05-5:00 Rental	2:30-5:15 After Day Play	4:00-5:00 NHL Street 6-8	2:30-5:15 After Day Play	3:05-5:00 Rental	2:30-5:15 After Day Play	4:00-4:55 Soccer 6-8	2:30-5:15 After Day Play	4:00-5:55 Youth Basketball Scrimmage 12-18	2:45-6:45 Rental	
5:10-7:45 Open Gym			5:00-5:55 Open Gym		5:00-6:00 NHL Street 9-12		5:05-5:50 Boccia Ball		5:00-5:55 Soccer 9-11				
		6:00-9:30 Rental		6:05-6:55 Volleyball		6:00-7:00 Rental		6:00-9:00 Rental		6:00-6:45 Dash & Splash		6:00-7:00 Open Gym	
				7:00-9:00 Rental		7:15-8:30 Pickleball Intermediate				7:15-8:30 Pickleball Intermediate		6:50-7:45 Open	
		9:35-9:45 Open Gym		9:05-9:45 Open Gym		8:35-9:45 Rental		9:05-9:45 Open Gym					