



Shine On

YMCA of Newfoundland and Labrador
 Avalon Peninsula Region
 P.O. Box 21291
 St. John's, NL A1A 5G6
 www.ymcanl.com
 CRA#108225533RR0001

Child, Youth & Family Schedule – Ches Penney Family YMCA (Holiday Schedule - December 20 2024 to January 5 2025)

Hours: Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pm
Facility: TD Room (TDR) | RE/MAX Main Pool (MP) | Pro-dive Marine Services Play Pool (PP)
Closed: Dec. 25 (Christmas Day), Dec. 26 (Boxing Day), Jan. 1 (New Year's Day)

**Schedule is subject to change without notice. View "Notices" tab on ymcanl.com for all the latest details.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-10:30 Child Minding 0-6 TDR	9:00-10:30 Child Minding 0-6 TDR	10:30-11:00 Parent & Tot Swim Lesson 6mth-3yrs PP		9:00-10:30 Child Minding 0-6 TDR	9:00-10:30 Child Minding 0-6 TDR	9:00-10:30 Child Minding 0-6 TDR
9:00-11:30 Indoor Playground 0-11 Gym 1 & 2	10:30-12:00 Child Minding 0-6 TDR	10:40-11:40 & 11:50-12:50 & 1:00-2:00 & 2:10-3:10 & 3:20-4:20 & 6:40-7:40 Open Play 0-5 TDR		10:30-11:00 Parent & Tot Swim Lesson 6mth-3yrs PP	10:30-12:00 Child Minding 0-6 TDR	9:00-11:30 Indoor Playground 0-11 Gym 1 & 2
10:40-11:40 & 2:15-3:15 & 3:25-4:25 & 4:35-5:35 & 5:45-6:45 Open Play 0-5 TDR	12:10-1:10 & 1:20-2:20 & 2:30-3:30 & 3:40-4:40 & 6:40-7:40 Open Play 0-5 TDR			10:45-12:00 Indoor Playground 0-11 Gym 1 & 2	12:10-1:10 & 1:20-2:20 & 2:30-3:30 & 3:40-4:40 & 4:50-5:50 & 6:00-7:00 Open Play 0-5 TDR	9:00-1:00 Junior Handball 8-16 Hardwood Courts
1:00-1:45 Junior Squash 9-12 Hardwood Courts	5:00-6:30 Child Minding 0-6 TDR			10:40-11:40 & 11:50-12:50 & 1:00-2:00 & 2:10-3:10 & 3:20-4:20 & 6:40-7:40 Open Play 0-5 TDR	4:00-5:55 Youth Basketball Scrimmage 12-18 Gym 2	10:40-11:40 & 2:15-3:15 & 3:25-4:25 & 4:35-5:35 & 5:45-6:45 Open Play 0-5 TDR
2:00-2:45 Junior Squash 13+ Hardwood Courts	All classes require registration (except for Open Play). To participate, you must have a YMCA membership or short-term pass. Register in person or online through the My Y Canada App.			4:00-4:55 (6-8yrs) 5:00-5:55 (9-11yrs) Soccer Gym 2	6:00-6:45 Dash & Splash 9-11 Gym 1	
				5:00-6:30 Child Minding 0-6 TDR	7:00-7:30 Dash & Splash 9-11 PP	