



Shine On

YMCA of Newfoundland and Labrador  
 Avalon Peninsula Region  
 P.O. Box 21291  
 St. John's, NL A1A 5G6  
 www.ymcanl.com  
 CRA#108225533RR0001

## Courts Schedule – Ches Penney Family YMCA (Holiday Schedule - December 20 2024 to January 5 2025)

**Hours:** Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pm  
**Facility:** KMK Capital Court (KMK) | Short Family Court (SF)  
**Closed:** Dec. 25 (Christmas Day), Dec. 26 (Boxing Day), Jan. 1 (New Year's Day)

\*Schedule is subject to change without notice. View "Notices" tab on [ymcanl.com](http://ymcanl.com) for all the latest details.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>Early Morning</b>													
KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF	KMK	SF
7:00-9:00 Available for booking		5:00-12:00 Available for booking		5:00-12:00 Available for booking		Closed		5:00-12:00 Available for booking		5:00-12:00 Available for booking		7:00-9:00 Available for booking	
9:00-12:00 Rental												9:00-1:00 Junior Handball 8-16	
<b>Late Morning &amp; Early Afternoon</b>													
12:00-1:00 Available for booking		12:00-5:00 Available for booking		12:00-2:00 Available for booking		Closed		12:00-5:00 Available for booking		12:00-5:00 Available for booking		1:00-5:00 Available for booking	
1:00-1:45 Junior Squash 9-12				Closed									
2:00-2:45 Junior Squash 13+													
<p>All programs and use of courts require registration. To participate, you must have a YMCA membership or short-term pass. Members can book the court 3 days in advance, for 60 minutes at a time.            Register in person or online through the <a href="#">My Y Canada App</a>.</p>													
<b>Evening</b>													
3:00-8:00 Available for booking		5:30-6:15 Racquetball Badge Program 12-16		Closed		Closed		5:00-10:00 Rental		5:00-7:00 Adult Handball 19+		5:00-8:00 Available for booking	
		6:15-7:00 Racquetball Badge Program 17+											
		7:00-10:00 Available for booking								7:00-9:00 Available for booking			