

Shine On

YMCA of Newfoundland and Labrador Avalon Peninsula Region P.O. Box 21291 St. John's, NL A1A 5G6 www.ymcanl.com CRA#108225533RR0001

## **Gymnasium Schedule – Ches Penney Family YMCA**

(Holiday Schedule - December 20 2024 to January 5 2025)

Hours:Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pmClosed:Dec. 25 (Christmas Day), Dec. 26 (Boxing Day), Jan. 1 (New Year's Day)

\*Schedule is subject to change without notice. View "Notices" tab on <u>ymcanl.com</u> for all the latest details.

Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Morning												
Gym 1 Gym 2 7:00-8:45 Open Gym	Gym 1	Gym 2 5:00- Open	Gym 1 -8:45 Gym	Gym 2	Gym 1 Closed	Gym 2 Closed	Gym 1		Gym 1 -8:45 Gym	Gym 2	Gym 1 Gym 2   7:00-8:45 Open Gym	
9:00-11:30 Indoor Playground	9:15- 10:15 Boot Camp 10:20- 10:50 Open Gym 11:00- 12:00 Pickleb all Learn to Play	9:00- 12:00 Child Care	9:00- 10:30 <b>Open</b> <b>Gym</b> 10:45- 12:00 Active Kids	9:00- 12:00 Child Care			9:00- 10:30 <b>Open</b> <b>Gym</b> 10:45- 12:00 Indoor Playgro und	9:00- 12:00 Child Care	9:00- 10:15 Open Gym 10:30- 11:15 Functi onal Fitness 11:20- 11:55 Open Gym	9:00- 12:00 Child Care		-11:30 layground
				Afte	ernoon	& Ever	ning	1				
12:00-1:00 Birthday Rental	12:00-1:00 Pickleball Beginner/Intermediate		12:05-1:45 <b>Open Gym</b>		Closed	Closed	12:10-12:55 Open Gym		12:00-1:00 Rental			0-1:00 <b>y Rental</b>
1:30-3:30 Rental	1:05- 5:15 Open Gym	1:00- 3:00 Child Care	Closed	Closed			12:55- 5:15 Open Gym	1:00- 4:00 Child Care	1:05- 5:15 <b>Open</b> <b>Gym</b>	1:05- 4:00 Child Care	Pick	-2:30 leball nediate
3:40-5:05 Pickleball Beginner/Intermediate 5:10-7:45 Open Gym		3:05- 5:00 Rental 5:00- 5:55 Open Gym						4:00- 4:55 <b>Soccer</b> 6-8 5:00- 5:55 <b>Soccer</b> 9-11		4:00- 5:55 Youth Basket ball Scrim mage 12-18	-	-6:15 ntal
	6:00-9:30 Rental 9:35-9:45 Open Gym							-9:45 ntal	Pickl	6:00- 7:00 Open Gym -8:30 eball nediate		-7:45 oen