

# YMCA of Newfoundland and Labrador Organization Membership

Member Benefits	All Members	Your Organization Members
Access to any YMCA in Canada and participating International facilities	o	o
Group fitness classes and recreational sports in full size gymnasium	o	o
Child/youth specialty programs	o	o
Recreational gymnasium and swim times	o	o
Swim lessons (all ages)	o	o
Birthday parties and discounts for select YMCA courses	o	o
Child minding (included for family memberships)	o	o
Gymnasium including Indoor Rock Climbing Wall, Walking Track and Conditioning Center	o	o
Fully accessible facility (elevator, ramps, push buttons)	o	o
Volunteer opportunities	o	o
Y@HOME+	o	o
Additional 10% off Courses- First Aid, Fitness Certifications and more!		o
Additional 10% off Day Camps including Leadership Programs		o
Buy 6 get one FREE virtual personal training sessions year round (save \$40)		o
Additional 10% off Meeting Room Rentals		o
Discounted Joiner Fee (\$10 off)		o

## The YMCA Organization Membership Advantage

- Organization member usage follow-up report available on request
- Option 1- Easy monthly payments from your organization bank account or credit card
- Option 2- Easy monthly payment from employee bank account or credit card and the organization reimburses the employee
- Convenient program and service registration through My Y App, Online Portal, via phone or in person

Central Labrador YMCA

709-896-YMCA (9622)

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Happy Valley-Goose Bay, NL,  
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The YMCA should be a part of your Employee Wellness Program.

Charitable Registration  
#108225533RR001