



Shine On

YMCA of Newfoundland and Labrador
Labrador Region
2 Corporal O'Quinn Blvd.
P.O. Box 659, Station C
Happy Valley-Goose Bay, NL A0P 1C0
www.ymcanl.com
CRA#108225533RR0001

Central Labrador YMCA Rentals (January 2025)

Pool Rental

This rental includes access to the play pool and half of the main pool for 1 hour followed by one hour in the multi-purpose room. Use of the multipurpose room is optional; however, it is a part of the package. Rental fee is the same regardless of if you use the multipurpose room or not. Assumption of Risk and Waiver of Liability Form is required for each participant.

Birthday Pool Rentals are set at designated days and times. These times include:

- Saturday 1:45-3:45PM or 5:00-7:00PM
- Sunday 1:45-3:45PM or 5:00-7:00PM

Gymnasium/Rock Climbing Wall Rental

This rental includes exclusive access to half of the gymnasium for 1 hour followed by one hour in the multi-purpose room. Inflatable bouncer, rock climbing wall, sports or play equipment available upon request. You may bring your own equipment. Use of the multipurpose room is optional; however, it is a part of the package. Rental fee is the same regardless of if you use the multipurpose room or not. Assumption of Risk and Waiver of Liability Form is required for each participant.

Birthday Gymnasium Rentals are set at designated days and times. These times include:

- Saturday 11:00-1:00PM, 1:45-3:45PM or 5:00-7:00PM
- Sunday 11:00-1:00PM, 1:45-3:45PM or 5:00-7:00PM

General Information:

- You may start setting up in the multipurpose room 15 minutes prior to pool or gym rental.
- There is a small fridge in the multipurpose room. If you have items that need to be kept frozen, please let us know and we have a freezer we can store them in for you.
- You may light candles for a cake – don't forget your lighter!
- Please respect rental start and end times as we often have other activities before or after.
- Our front desk staff or manager on duty is available to assist you.
- Photos or videos may be taken of rental participants. Please do not have any other YMCA participants in your photos or videos.

Multi-purpose Room:

- When setting up, please do not leave the room unattended; the YMCA is not responsible for lost or stolen items.
- The multipurpose room is limited to about 25 adults with tables and chairs due to room size. If you have more than 25 people please be sure to view the room prior to booking. Maximum capacity is 35 adults; however, may accommodate more people if many are small children or infants.
- Four 6-foot adult sized tables and 20 adult sized chairs will be available. We also have two young child sized tables and 10 chairs available upon request.
- You are responsible for decorations and activity related materials. We ask that you take down and remove such items, and place garbage in the bags provided. We recycle beverage containers.
- Sticky tack or painters' tape may be used to put up decorations.
- All activities must be family friendly and appropriate for all ages.
- We do not have AV equipment available. If you bring your own, we have a white board you may project onto.

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Food:

- You are responsible for supplying food, decorations and individual- dishes, napkins, cutlery.
- There is no access to kitchen facilities for food preparation or cooking on site.
- Food and drinks are permitted in the multi-purpose room only.
- Alcoholic beverages, vape and the use of cannabis are not permitted on site.

Change Rooms:

- Children age six and up may use the inclusive change room or their gender identified change room
- Children under age 12 must be directly supervised by an adult at all times
- Please bring a lock to secure your belongings; the YMCA is not responsible for lost or stolen items.
- Taking photos or videos in the change rooms is not permitted.

Aquatics Centre:

- You may have up to 30 people spread between both pools, if you expecting more than 30 people communicate with us to verify availability of additional lifeguard. The slide, jets and sprinklers may be requested; however, with more than 35 people in the play pool the slide may be closed.
- Pool usage is not exclusive. Three lanes of the main pool are open and available for any members or guests to use.
- A short, warm, soapy shower must be taken before entering the aquatics centre.
- Appropriate swimwear is required; clean t-shirts may be worn for modesty or medical reasons; no outdoor footwear is permitted.
- Young children and anyone who is incontinent must wear a clean, properly fitted swim diaper or rubber pants.
- All pool users ages 0-11 years must be supervised by an adult (16+) in the water and within arm's reach*. (Exception is swim lessons)
- Maximum of four children per adult. Note: This can change at the discretion of the Lifeguard
- **As an example, please have a minimum of 4 adults in water for 16 children.**

Gymnasium:

- The booking is for half of the gym unless otherwise negotiated (additional fee will apply and full gym can not always be accommodated).
- Maximum number of people for half the gym is 50.
- Children under the age of 12 need to be supervised by a responsible person age 16+ in the gym. Children under 6 need to have a ratio of 1:8 and children 7-11 a ratio of 1:15.
- A staff person or volunteer will be present in the gym to monitor the bouncy castle and/or help with equipment. Five children are permitted in the bouncy castle at a time.

Rock Climbing Wall Guidelines:

- Climbers require the use of a properly fitted harness (no more than one finger fits between body and harness straps)
- Pockets must be emptied and all snag hazards (jewelry, long laces, hoods, etc.) removed prior to climbing
- Belay systems must be connected and disconnected by YMCA program staff
- Climbers must properly demonstrate and utilize a controlled fall from a low height (2-3m)
- Climb using the holds only. Do not touch the belay system
- Climb only in your own lane. Descents must be feet first using the push-off technique
- Bare feet are not allowed; closed toe shoes must be worn at all times
- No food or drink in the climbing wall area

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- Only climbers and the YMCA program staff are permitted on the floor mats
- Climbers must be at least age 6+
- Min weight: 18kgs (40lbs) / Max weight: 136kgs (300lbs)

Cost:

Gymnasium or Pool with Multipurpose Room Rentals

- Members: \$200 + HST
- Non-Members: \$250 + HST

Multipurpose Room Rentals

- Members: \$65 for first hour, \$20 for each additional hour
- Non-Members: \$70 for first hour, \$25 for each additional hour
- We have a number of open swim and gym times. If you have a small group, you may choose to have your guests enjoy an open swim or open gym together using a membership or short-term pass and then meet in the multipurpose room for exclusive activities. Many of our open swims are busy (50+ people), please inquire more about this option before booking.
- Assumption of Risk and Waiver of Liability Form is required for each participant.

Payment & Cancellations:

- Payment options include cash, debit or credit card (Visa/MC/AMEX) through the YMCA Welcome Desk or credit card through the [online portal](#).
- Full payment is required at time of booking.
- If more than five days' notice of cancellation is given, a full refund of rental booking will be provided; allow 4-8 weeks for processing of refund
- If less than five days' notice of cancellation is given, a 50% refund of rental booking will be provided; allow 4-8 weeks for processing
- Signed rental agreement may be required and all of the YMCA Child Protection and Vulnerable Adult Policies must be followed and adhered to. Please contact 896-9622 for more information.

Assumption of Risk and Waiver of Liability

The Central Labrador YMCA has facilities that can accommodate meetings, conferences, and other social events for different group sizes. Birthday parties are set at designated times in each facility.

- Businesses/organizations with a HST number and legal company name will need to do the following to rent YMCA spaces:
 - Sign rental agreement
 - Provide insurance certificate (*list the YMCA as an additional insured*)
 - Complete online participant waivers
- If you are an individual or group (not a registered business/organization), and want to rent YMCA spaces, you will be required to complete the online waiver form for each participant. No rental agreement or insurance certificate required.
- Questions? Please contact:
 - Labrador- shaun.maclean@nl.ymca.ca
- To complete, click [Assumption of Risk and Waiver of Liability Form](#) or visit our Membership Sales and Service Desk.