



Shine On

YMCA of Newfoundland and Labrador
 Rural Avalon Peninsula Region
 81 Blockhouse Road,
 P.O. Box 204
 Placentia, NL A0B 2Y0
 www.ymcanl.com
 CRA#108225533RR0001

Child, Youth & Family Schedule – Placentia Regional YMCA (September 16 2024 to June 26 2025)

Hours: Mon.-Thurs. 9:00am-10:00pm | Fri. 7:00am-7:00pm | Sat.-Sun. 8:00am-6:00pm
Facility: Multipurpose Room (MPR) | Main Pool (MP) | Play Pool (PP) | Conditioning centre (CC)
Closed: Nov. 11 (Remembrance Day), Dec. 25 (Christmas Day), Dec. 26 (Boxing Day), Jan. 1 (New Year's Day),
 Apr. 18 (Good Friday), May. 19 (Victoria Day), Jun. 23 (June Holiday)

**Schedule is subject to change without notice. View "Notices" tab on ymcanl.com for all the latest details.*

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|--|
| Morning | | | | | | |
| | 10:45-11:30 Fit Families All ages MPR | 10:30-12:00 Child Minding 0-9 MPR | | 10:30-12:00 Child Minding 0-9 MPR | | 9:15-10:45 Child Minding 0-9 MPR |
| All classes require registration (except for Open Play). To participate, you must have a YMCA membership or short-term pass. Register in person or online through the My Y Canada App. | | | | | | |
| Afternoon | | | | | | |
| | 1:00-2:00 Open Play 0-5 MPR | 1:00-2:00 Open Play 0-5 MPR | 1:00-2:00 Open Play 0-5 MPR | 1:00-2:00 Open Play 0-5 MPR | 1:00-2:00 Open Play 0-5 MPR | |
| | | | | | 3:30-4:15 Teen Learn to Lift 12-18 CC | |
| Evening | | | | | | |
| | | | | | 5:00-6:30 Dash & Splash 6-12 MPR & PP | |