

Gymnasium Schedule – Ches Penney Family YMCA

(March 1 to June 26 2025) - Last Revised February 2025

Hours: Mon.-Thurs. 5:00am-10:00pm | Fri. 5:00am-9:00pm | Sat.-Sun. 7:00am-8:00pm
Closed: Apr. 18 (Good Friday), May. 19 (Victoria Day), Jun. 23 (June Holiday)

*Schedule is subject to change without notice. View "Notices" tab on ymcanl.com for all the latest details.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Morning													
Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2	Gym 1	Gym 2
7:00-8:45 Open Gym		5:00-8:45 Open Gym										7:00-8:45 Open Gym	
9:00-11:30 Indoor Playground		9:15-10:15 Boot Camp	9:00-12:00 Child Care	9:00-10:30 Open Gym	9:00-12:00 Child Care	9:00-11:00 Open Gym	9:00-12:00 Child Care	9:00-10:30 Open Gym	9:00-12:00 Child Care	9:00-10:15 Open Gym	9:00-12:00 Child Care	9:00-11:30 Indoor Playground	
		10:20-10:50 Open Gym		10:45-12:00 Active Kids				10:45-12:00 Indoor Playground		10:30-11:15 Functional Fitness			
		11:00-12:00 Pickleball Learn to Play				11:00-12:00 Pickleball Learn to Play				11:20-11:55 Open Gym			
Afternoon & Evening													
12:00-1:00 Birthday Rental		12:00-1:00 Pickleball Beginner/Intermediate		12:05-12:55 Open Gym		12:00-1:00 Pickleball Beginner/Intermediate		12:10-12:55 Open Gym		12:00-1:00 Rental		12:00-1:00 Birthday Rental	
1:30-3:30 Rental		1:05-5:15 Open Gym	1:00-3:00 Child Care	12:55-6:00 Open Gym	1:00-4:00 Child Care	1:05-3:55 Open Gym	1:00-3:00 Child Care	12:55-5:15 Open Gym	1:00-4:00 Child Care	1:05-5:15 Open Gym	1:05-4:00 Child Care	1:15-2:30 Pickleball Intermediate	
			3:05-5:00 Rental		4:00-6:00 Open Gym		3:05-3:55 Open Gym		4:00-4:55 Soccer 6-8		4:00-5:55 Youth Basketball Scrimmage 12-18	2:45-6:15 Rental	
3:40-5:05 Pickleball Beginner/Intermediate						4:00-5:00 Rental	4:00-5:00 Rental			5:00-5:55 Soccer 9-11			
5:10-7:45 Open Gym		6:00-9:30 Rental		6:05-6:55 Volleyball	6:00-7:00 Rental	5:05-5:50 Open Gym	5:05-5:50 Boccia Ball	6:00-9:45 Rental		6:00-6:45 Dash & Splash	6:00-7:00 Open Gym	6:20-7:45 Open	
		9:35-9:45 Open Gym		9:05-9:45 Open Gym		8:35-9:45 Rental				7:15-8:30 Pickleball Intermediate			