



PUBLIC ANNOUNCEMENT

Tip-A-Vista Wellness Foundation, Town of Bonavista, and YMCA of Newfoundland and Labrador sign agreements for the operation of the Bonavista Regional YMCA.

May 5, 2025

Bonavista, NL – Tip-A-Vista Wellness Foundation, the Town of Bonavista, and the YMCA of Newfoundland and Labrador have signed three-year pilot operating/funding and lease agreements and are continuing to collaborate with NLHS for the opening of the Bonavista Regional YMCA.

Phase one of a multi-year project led to the successful development of a partnership between the Tip-A-Vista Foundation and NLHS and has brought health services to the upper level of the Dr. Hilda Tremblett Wellness Centre. Phase two of the project expanded the collaboration to include the YMCA and the Town of Bonavista. It involved extensive renovations to the lower level to create a wellness facility to bring YMCA wellness programs and services to the region.

With significant financial investments from the Northpine Foundation, NL Health Services, and the Town of Bonavista, this venture is supporting preventative health measures as outlined in the Provincial Health Accord. These contributions are helping bring the facility to completion and will support program delivery and essential wellness equipment costs.

Although it has taken years to get to this point, all parties are working hard to ensure the project's success as it comes to life in this unique pilot, which aims to improve population health. The YMCA team is working on operational readiness for a planned opening date of June 2025.

Quotes:

"Anything worth having is worth waiting for. The opening of the gym is the doorway from a long journey into endless opportunities. The "Bottom Line" is to offer services and programs tailored to meet the needs of area residents now and far into the future. Tip-A-Vista Wellness Foundation is excited to be a part of this unique venture."

- Eliza Swyers, Co-chair, Tip-A-Vista Wellness Foundation

"This project is an exciting one that will have long-lasting positive implications for the residents of Bonavista and the region in general. The Town is extremely pleased to be a partner in the initiative."

- John Norman, Mayor, Town of Bonavista

“A lot of work has gone into the planning and development of this initiative and the YMCA is appreciative of the contributions from all parties. We are excited to have the opportunity to serve residents in the region with YMCA programs and services that will improve health and wellness.”

- Jason Brown, CEO, YMCA of Newfoundland and Labrador

About the Tip-A-Vista Foundation

The mission of Tip-A-Vista Wellness Foundation is to develop and maintain a Bonavista facility that will promote healthy people and healthy communities:

-Strong children in whom mental, emotional and physical well-being is nurtured.

-Strong families that have the knowledge and support to make healthy lifestyle choices.

-Strong communities where people of all ages can access our community multi-purpose facility for a whole range of services and supports.

About the Town of Bonavista

Bonavista is a community rich in history and cultural traditions from centuries past. Uniquely blending old-world traditions with modern conveniences, Bonavista is a dynamic and vibrant community that distinguishes itself as one of the best places to live, work and play.

About the YMCA of Newfoundland and Labrador

The YMCA of Newfoundland and Labrador is a charity, open to everyone at all stages of life that provides opportunities to grow in spirit, mind, and body. Our vision is a province of vibrant and healthy communities where everyone can belong, grow, and thrive

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