



PUBLIC ANNOUNCEMENT

Bonavista Regional YMCA to open at noon on June 27, 2025

June 25, 2025, Bonavista, NL – Tip-A-Vista Wellness Foundation, the Town of Bonavista, and the YMCA of Newfoundland and Labrador are pleased to announce that the Bonavista Regional YMCA, located at 139 Coster St, will open at 12pm, Friday, June 27.

Phase one of a multi-year project that led to the successful development of a partnership between the Tip-A-Vista Foundation and Newfoundland and Labrador Health Services, has brought health services to the upper level of the Dr. Hilda Tremblett Wellness Centre. Phase two of the project, now complete, expanded the collaboration to include the YMCA, the Town of Bonavista, and funding from the Northpine Foundation. It involved extensive renovations to the lower level to create a wellness facility to bring YMCA wellness programs and services to the region. We're excited to announce that phase two has been completed.

The initiative to develop the Bonavista Regional YMCA is supporting preventative health measures as outlined in the Provincial Health Accord. With new YMCA wellness programs and services now available in the region, this unique project will improve population health for decades.

The Bonavista Regional YMCA will be an inclusive centre of community with a space built for play, fitness, and connection. It includes a gymnasium; conditioning centre with cardio, strength, and free weight equipment; multi-purpose room for child minding, birthday parties, and community use; group fitness classes; and an inclusive change room.

The Bonavista Regional YMCA will begin operation with the following summer hours:

Monday, Tuesday, & Thursday: 7 – 11am & 12 – 8pm

Wednesday & Friday: 12 – 9pm

Saturday & Sunday: 9am – 7pm

Want to purchase your membership early? As of 12:00am, June 27 all membership packages will be available through the YMCA online portal. For more information about the Bonavista Regional YMCA visit:

<https://ymcanl.com/bonavista-regional-ymca/>

About the Tip-A-Vista Foundation

The mission of Tip-A-Vista Wellness Foundation is to develop and maintain a Bonavista facility that will promote healthy people and healthy communities:

- Strong children in whom mental, emotional and physical well-being is nurtured.
- Strong families that have the knowledge and support to make healthy lifestyle choices.
- Strong communities where people of all ages can access our community multi-purpose facility for a whole range of services and supports.

About the Town of Bonavista

Bonavista is a community rich in history and cultural traditions from centuries past. Uniquely blending old-world traditions with modern conveniences, Bonavista is a dynamic and vibrant community that distinguishes itself as one of the best places to live, work and play.

About the YMCA of Newfoundland and Labrador

The YMCA of Newfoundland and Labrador is a charity, open to everyone at all stages of life that provides opportunities to grow in spirit, mind, and body. Our vision is a province of vibrant and healthy communities where everyone can belong, grow, and thrive

Contact:

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